Sleep Disorders Center Expands and Relocates

The Sleep Disorders Center will host a grand opening from 3 to 4:30 p.m. Thursday, June 7, at its new location, 4720 Rainbow Blvd.

Relocated from Delp Pavilion, the center is now on the lower level of the building shared by Outpatient Renal Dialysis and The University of Kansas Hospital Dental Care. The center received provisional accreditation from the American Academy of Sleep Medicine, a 6,000-member group of physicians, researchers and other health care professionals that sets clinical standards for the field of sleep medicine. Full accreditation is expected within six months.

The new space doubles the number of sleep testing rooms to six, and offers Sleep Number beds, ceiling fans, noise control, temperature control, soothing colors and private bathrooms. The sleep center accommodates all ages, from infants to the elderly, as well as patients with disabilities.

“The majority of patients referred for sleep testing (polysomnography) are studied at night during their normal sleep periods,” said Bob Whitman, PhD, administrative director of the center. “Our relocation affords patients easy access to the sleep center in a secure and comfortable environment. Expansion has provided us the ability to diagnose and treat patients in a timely manner, as most patients have an immediate and dramatic effect from treatment.”

A certified sleep specialist, Whitman has worked with sleep disorders for more than 30 years. Gayln Perry, MD, Pulmonary and Critical Care Medicine, also a certified sleep specialist, is medical director of the center.

Using state-of-the-art equipment, technicians can diagnosis and treat a broad spectrum of sleep disorders, including insomnia, snoring, sleep apnea, restless leg syndrome, narcolepsy and others, as well as complex breathing disorders.

Heart Walkers: Get Registered and Just Do It!

With the 2007 Kansas City Heart Walk only days away, it’s time for employees at The University of Kansas Hospital and Medical Center to adopt the slogan of a famous athletic company: Just Do It.

“Hundreds of people have indicated they want to participate, and now they need to go online, get registered and turn in donations,” said Christy Mesik, events and community relations coordinator, Marketing.

Anita Metoyer, coordinator of KUMC efforts, stressed, “It’s not too late to come on board. I’ll be recruiting walkers til the last minute!” She noted that KUMC boasts 24 team captains this year, up from minimal participation in 2006.

Fundraising activities continue, with about $46,500 raised. Team captains can pick up team T-shirts sporting the Hearts of Gold themed artwork and turn in remaining Heart Walk donations on bank day from 10 a.m. to noon, Wednesday, June 6, in the Wyandotte Room near the cafeteria. Captains will receive final instructions for walk day, including maps, parking information and event details.

Teams can collect donations until June 29, when American Heart Association representative Nick Wills will

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schedule collection pickups. Contact him at 913-652-1932.

“For those who haven’t participated in the past, the Heart Walk is a blast,” Mesik said. “It’s great fun for employees, their families and friends to do something together for such a worthy cause.”

To register, visit The University of Kansas Hospital and Medical Center team page at heartwalk.kintera.org or contact Mesik at cmesik@kumc.edu or Metoyer at ametoyer@kumc.edu.

Eye Clinic Relocates to Prairie Village

The Ophthalmology Clinic will show off its new location with an open house from 2 to 6 p.m. Friday, June 1, at 7400 State Line Rd., Prairie Village. The new office has 25 streamlined exam rooms that integrate the most advanced technology available and maximize patient comfort and care. Built around a centralized imaging system, the exam rooms offer physicians immediate access to patient diagnostics. Exam rooms and waiting areas are equipped with a 3-D animated communication platform that educates patients on topics specific to their diagnoses or treatments.

Medical School Honored for Family Physicians

The University of Kansas School of Medicine recently received the American Academy of Family Physicians’ (AAP) Achievement Award as the nation’s top medical school for producing family medicine physicians.

For a three-year period ending in October 2006, nearly 22 percent of KU School of Medicine graduates entered family medicine residency programs. This makes it the only school in the country with a three-year average greater than 20 percent.

Joshua Freeman, MD, professor and chair of the Department of Family Medicine, said the award is particularly satisfying because the number of graduates nationally choosing family medicine has declined in recent years. He noted that a number of studies have shown the need for more family doctors in the U.S.

“Family medicine will always be a focus of our school,” said Barbara Atkinson, MD, executive dean of the KU School of Medicine. “Thankfully, we have tremendous faculty and active alumni to mentor our students and exemplify the virtues of providing quality, personal care.”

Physicians Evaluate O₂ Devices

Physicians, nurses and Ancillary Care staff recently evaluated top-ranked tablets to provide input on choosing wireless technology for use with O₂, the electronic health record system scheduled to go live in November.

From left are Michael Moncure, MD, Trauma and Critical Care; Steve Vyhlidal, O₂ Team; Roy Hegde, MD, Mid-America Cardiology; and Teresa Long, MD, Psychiatry and Behavioral Sciences.

In Memoriam

David Waxman, MD, 89, executive vice chancellor of the University of Kansas Medical Center from 1978 to 1983, died May 19 at his home in Prairie Village.

Waxman joined the KUMC faculty in 1961 as an instructor of internal medicine, and later became a professor and dean of students. Services were May 25, with burial at Leavenworth National Cemetery in Leavenworth, Kan. The family suggests memorial contributions to the David Waxman Scholarship Fund at the KU School of Medicine, which can be made through KU Endowment.
Team in Training helps train people for marathons, half marathons, triathlons and century (100-mile) bike rides. Since 1988, more than 300,000 volunteers have raised $700 million for leukemia, lymphoma and myeloma research and patient services.

For more information, contact Trish O’Donnell, todonnell@kumc.edu, or visit teamintraining.org/mid.

**Endurance Sports Training to be Discussed**

The Leukemia & Lymphoma Society will host a “lunch and learn” session from noon to 1 p.m. Wednesday, June 6, B011 School of Nursing, about Team in Training, the world’s largest endurance sports training program.

**Visiting Scholar Lecture Is June 4**

“Testing a Patient/Provider/System Theoretical Model for Cancer Screening Among Underserved African Americans” is the topic of the Distinguished Visiting Scholar Lecture Series from noon to 1 p.m. Monday, June 4, in C013 School of Nursing.

The presenter, Barbara Powe, PhD, RN, director of Underserved Populations Research in the Behavioral Research Center of the American Cancer Society, began her research after seeing disparities as a critical care nurse and nurse manager. She has expanded her program to explore interactions among patient, provider and systems barriers to care for the medically underserved.

**Seminar Focuses On Stroke, Other Conditions**

“Caring for Persons with Stroke, Parkinson’s Disease and Other Neurological Conditions,” a continuing education program, will be from 8 a.m. to 5 p.m. Tuesday, June 5, in 200 Landon Center on Aging.

Discussion will include common functional problems and approaches to maximize the older adult’s abilities to function, special care needs and safe environments for neurologically impaired older adults.

Registration fee is $60. For more information, visit www2.kumc.edu/coa.

**Learn About Issues for Wireless Networks**

“Out of Thin Air: How to Use Wireless at Home, on Campus or on the Road” is a training class sponsored by the University of Kansas Medical Center’s Information Security from noon to 1:10 p.m. Wednesday, June 6, in 1014 Orr-Major.

Sherry Callahan, director of Information Security, will give pointers for purchasing a wireless network, addressing security issues for using wireless networks on the road, accessing KUMC’s network and avoiding common attacks against wireless networks.

Register at www2.kumc.edu/comptraining/ClassRegistration/Default.aspx.

**Westwood Campus Hosts Town Hall Meetings**

Employees can attend one of two remaining Town Hall meetings to hear updates on changes to the Westwood Campus in preparation for the August opening of the outpatient Cancer Center and Medical Pavilion.

Topics include features of the new center, an update on plans for a café, and details about shuttle service and parking. Meetings are in the Westwood multipurpose room at these dates and times:

- 11 a.m. Monday, June 4
- 4 p.m. Tuesday, June 5

Westwood Campus employees and those relocating to Westwood are encouraged to attend a meeting.

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**Extracurricular**

Please send news, classified ads and calendar items to centerexpress@kumc.edu or contact Marli Murphy at 8-0446. Items must be received by noon on the Monday prior to publication.

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**Thursday, May 31**

ANATOMY AND CELL Biology Seminar Series: 4-5 p.m., 1023 Orr-Majoc

**Friday, June 1**


**Sunday, June 3**

CANCER SURVIVORS’ Day: Richard and Annette Bloch Cancer Survivors’ Park on the Country Club Plaza, 1-3 p.m. Visit the hospital’s booth for information and give-aways.

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**Tuesday, June 5**

GI GRAND Rounds: “Vitamin and Mineral Absorption,” 5-6:30 p.m., B018 School of Nursing.

**Wednesday, June 6**

INTERNAL MEDICINE Grand Rounds: “The Heart and Pregnancy,” Kevin Mulherin, MD, Mid-America Cardiology, 8-9 a.m., Sudler Auditorium.

ROUND TABLE SEMINAR, Kansas Masonic Institute: “Bone Loss in Breast Cancer Patients,” Raj Bhattacharya, MD, board-certified endocrinologist, noon-1 p.m., B013 School of Nursing. Lunch provided for the first 35 attendees.

BROWN BAG LUNCH SERIES: “How to Talk to Your Parents About Retirement Living,” Cathy Borgman, noon-1 p.m., 200 Landon Center on Aging. Register: 8-1227.

**Friday, June 8**

NEUROLOGY/NEUROSURGERY Grand Rounds: “Updates on Gliomas,” Timothy Ryken, MD, noon-1 p.m., 200 Landon Center on Aging. Register: 8-1227.

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KU Coach Visits Kids, Gives Talk

The University of Kansas men's basketball coach Bill Self visited pint-sized Jayhawk fans at the University of Kansas Hospital May 4 before speaking to a packed house as part of the campus-wide Leadership Series 2007.

Self visited several patient rooms in Pediatrics, distributing basketballs that he signed and chatted with children and staff on the unit.

Kris Brees, RN, Pediatrics nurse manager, said the KU coach's visit left patients beaming.

"He really connected with the kids," she said. "Not only did he visit patients' rooms, he pulled up a chair and talked and joked with several of them."

Self's presentation later in the day was the culmination of the series. Leadership Series 2007 included five one-hour sessions during the spring semester, teaching leadership skills through experiences and stories of national and local presenters.

The coach discussed the challenges of keeping a group focused on goals while simultaneously overcoming obstacles, undergoing public scrutiny and dealing with multi-generational communication gaps.

Robert Klein, associate dean for Professional Development and Faculty Affairs noted, "His talk and visit reinforced our understanding of the importance of building a team – whether our efforts are in patient care, research, education or administration."

eXtra: Video and handouts from Self's presentation and a photo album from his campus visit are available at kumc.edu/som/facdev/leadership.html.

Overland Park, to KUMC, work hours 8 a.m.-5:30 p.m. M-F. 913-649-4913.

Carpoolers to share ride from Atchison, Kan., to KUMC, work hours 7 a.m.-3:30 p.m. (somewhat flexible) M-F. 913-370-1025.

For Rent

HOUSE, 4417 Adams St., 2 BR, 1 BA, full basement, fenced-in back yard, within walking distance of KUMC, available July 1, $650/month. 913-321-2350.

Free

DOGS NEED good home, not necessarily together, lively, affectionate red dachshund named Alex; good-natured, high-spirited 55-lb. Lab mix named Precious. 816-332-8229.

eXtra: Find classifieds on the hospital intranet, intranet.kumc.edu, under "Quick Links."