In order to become responsible world citizens and create a more compassionate society, we facilitate the growth and development of those we serve by helping to find, articulate and cherish the uniqueness of each voice.

We strive to enhance the quality of life for students during their collegiate years, as well as for the duration of their lives. We are deeply committed to the development of the whole person: academically, personally, spiritually, socially and physically. We specifically focus our activities toward those aspects of the SEU Mission Statement that address:

- Understanding one’s own self,
- Developing skills for independent and productive living,
- Deepening spiritual, moral, and ethical values,
- Incorporating learning as a life-long process,
- Growing through participation in student life programs,
- Respecting the diverse backgrounds and characteristics of all persons,
- Accepting the responsibilities that accompany participation in interpersonal relationships, the university, and the communities in which we live.

To this end, Psychological Services provides a variety of counseling, consultation, educational and mental health services to currently enrolled students at St. Edward’s University, including both The Undergraduate College and The College of Professional and Graduate Studies. Our goal is to help create a healthy and supportive environment for student success.

We provide counseling for personal difficulties that emerge within the context of family, relationships, school, and community. We provide prevention-oriented psychoeducational activities in many settings within the university community. We provide short-term mental health services, or referral for such services when the needs exceed our scope of services. We provide crisis and emergency intervention 24 hours per day throughout the academic year. We aid in the retention of students through early intervention in circumstances that might lead to dropping out, failure, or suspension. We provide consultative support to faculty, staff, and administrators regarding student behavioral difficulties, needs of students, and the overall campus environment.