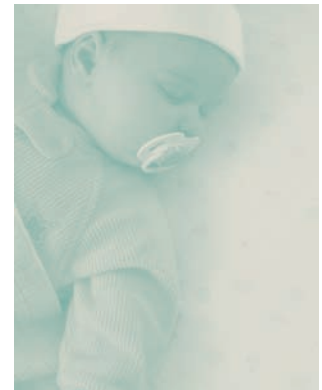


# Advanced Practice Nursing Students

Parents will look to *you* for  
advice on infant sleep safety.

AS A GRADUATE NURSING STUDENT, you're about to become one of families' most trusted advisors and role models, especially on the subject of infant health and sleep safety. Sudden Infant Death Syndrome (SIDS) is the leading cause of death among infants from one month to one year of age, but there are ways to reduce the risk. Whether you're already a practicing nurse or continuing your education, knowing SIDS risk-reduction techniques and how to communicate effectively with parents and other caregivers can help you make a difference in just a few minutes.

The *Eunice Kennedy Shriver* National Institute of Child Health and Human Development, part of the National Institutes of Health, offers a free continuing education (CE) program on SIDS risk reduction for nurses and advanced practice nursing students.



## Continuing Education Program on SIDS Risk Reduction: Curriculum for Nurses

- Available as a printed booklet and online
- Approved for 1.1 credit hours
- Accredited by the Maryland Nurses Association\*

## After completing the CE program, you will be able to:

- Define SIDS.
- List the critical SIDS risk-reduction messages for parents and caregivers.
- List barriers to back sleeping.
- Describe your key role as an educator to parents and caregivers about SIDS.
- Describe ways that you can effectively communicate SIDS risk reduction to parents and caregivers.

Please visit <http://www.nichd.nih.gov/sidsnursesce/> to access the online CE program or to download or order the printed booklet. You can also call 1-800-505-CRIB (2472) to order a printed version.

\* Accredited by the American Nurses Credentialing Center Commission on Accreditation as a continuing education provider