

BIOGRAPHICAL SKETCH

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NAME Hamera, Edna	POSITION TITLE Associate Professor
eRA COMMONS USER NAME	

EDUCATION/TRAINING (*Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.*)

INSTITUTION AND LOCATION	DEGREE (if applicable)	YEAR(s)	FIELD OF STUDY
Avila College, Kansas City, MO	BA	1968	Nursing
University of Kansas, Lawrence, KS	MA	1973	Rehabilitation Psychology
University of Kansas, Lawrence, KS	PhD	1977	Rehabilitation Psychology
University of Missouri at Kansas City	MS	1991	Nursing

Positions and Honors

A. Professional Experience

1968 -1971	Team Nurse, Western Missouri Mental Health Center, Kansas City, MO
1972	Section Nurse, Menninger Foundation
1975 -1977	Instructor, School of Nursing, University of Kansas Medical Center, Kansas City, KS
1977 -1983	Assistant Professor, School of Nursing, University of Kansas Medical Center, Kansas City, KS
1983-Pres	Associate Professor, School of Nursing, University of Kansas Medical Center, Kansas City, KS
1996-2000	Advance practice nurse, Johnson County Health Department. Family Planning and STD of clients from Johnson County Mental Health Center and refugee physicals
1998-2002	The Guidance Center, Leavenworth, KS. Initial psychiatric assessment, monitor and prescribe psychotropic medications for individuals with serious mental illness
2001-Pres	Family Nurse Practitioner, Health Partnership, Johnson County, KS
2003-2005	Advanced psychiatric mental health nurse, ReDiscover Mental Health & Substance Abuse Services, Kansas City, MO
2005-Pres	Advanced psychiatric mental health nurse, Wyandot Center for Community Behavior Healthcare

Honors and Awards

1971-1975	Nurse Scientist Program Traineeship, Division of Nursing, U.S. Public Health Service
1971-Pres	Sigma Theta Tau, Delta Chapter

B. Selected peer-reviewed publications

Publications

- O'Connell, K., **Hamera, E.**, Knapp, T., Cassmeyer, V., Eaks, G.A., & Fox, M.A. (1984). Symptom use and self-regulation in Type II diabetics. *Advances in Nursing Science*, 6, 19-28.
- Hamera, E.**, Cassmeyer, V., O'Connell, K.A., Weldon, G., & Knapp, T. (1988). The self-regulatory process in individuals with Type II diabetes. *Nursing Research*, 37 (6), 363-367.
- O'Connell, K.A., **Hamera, E.K.**, Schorfheide, A., & Guthrie, D. (1990). Symptom beliefs and actual blood glucose in Type II diabetes. *Research in Nursing and Health*, 13, 145-151.
- Hamera, E.**, Peterson, K., Handley, S., Plumlee, A., & Frank-Ragan, E. (1991). Symptom self-regulation and functioning in schizophrenia. *Hospital and Community Psychiatry*, 42 (6), 630-631.
- Hamera, E.K.**, Peterson, K.A., Young, L., & Schaumloffel, M.M. (1992). Symptom monitoring in schizophrenia: Potential for enhancing self-care. *Archives of Psychiatric Nursing*, 6, 324-330.
- Hamera, E.K.**, Pallikkathayil, L., Bauer, S., & Burton, M.R. (1994). Descriptions of wellness Indicators by individuals with schizophrenia. *Western Journal of Nursing Research*, 16 (3), 288-300.
- Hamera, E.K.**, Schneider, J., & DeViney, S. (1995). Alcohol, cannabis, nicotine, and caffeine use and changes in symptom distress in schizophrenia. *Journal of Nervous and Mental Diseases*, 183 (9),559-65.
- Hamera, E.**, Lawson, G., & Tankel, K. (1996). Internal and external environment of individuals with schizophrenia during alcohol and drug use. *Archives of Psychiatric Nursing*, 10 (3), 136-142.

- Hamera, E., & Brown, C.** (2000). Developing a context-based performance measure for individuals with schizophrenia: The test of grocery shopping skills. *American Journal of Occupational Therapy*, 54, 20-25.
- Hamera, E., Brown, C., Rempfer, M., & Davis, N.** (2002). Test of grocery shopping skills: Discrimination of people with and without mental illness. *Psychiatric Rehabilitation Skills*, 6, 296-311.
- Rempfer, M., **Hamera, E.**, Brown, T., & Cromwell, R.L. (2003). Cognition and performance of an independent living skill in people with schizophrenia. *Psychiatry Research*, 117, 103-112.
- Hamera, E., & Wright, T.** (2004). Evaluation of the content and interaction in an online clinical conference for students in advanced psychiatric mental health nursing. *Archives in Psychiatric Nursing*, 18, 4-10.
- Hamera, E., Rempfer, M., & Brown, C.** (2005). Performance in the "Real World": Update on Test of Grocery Shopping Skills (TOGSS). Letter to the Editors, *Schizophrenia Research*, 78, 111-112.
- Brown, C., Goetz, J., VanSciver, A., Sullivan, D., & **Hamera, E.** (2006). A psychiatric rehabilitation approach to weight loss. *Psychiatric Rehabilitation Journal*, 29(4), 267-273.
- Brown, C., Rempfer, M., **Hamera, E.** (2006). How does cognition influence grocery shopping skill performance: Mediator effects of skill knowledge. *Psychiatric Services*, 57(40), 573-575.
- Rempfer, M, **Hamera, E.**, Brown, C., & Bothwell, R. (2006) Learning proficiency on the Wisconsin Card Sorting Test in People with serious mental illness: What are the cognitive characteristics of good learners? *Schizophrenia Research*, 87, 316-322.

SELECTED PRESENTATIONS

- Hamera, E., O'Connell, K.A., Knapp, T.M., Cassmeyer, V., Eaks, G.A., & Fox, M.** (March 7, 1986). Symptom use and self-regulation in Type II diabetes. Presented at the Society of Behavioral Medicine, 7th Annual Scientific Session, San Francisco, CA.
- Hamera, E., Peterson, K., Handley, S., Plumlee, A., & Frank-Ragan, E.** (July, 1989). Symptom self-regulation and functioning in individuals with schizophrenia. Paper presented at the Psychosocial Nursing Conference, Seattle, WA.
- Hamera, E., Bauer, S., Burton, M., & Pallikkathayill, L.** (March 30, 1991). Subjective wellness indicators in schizophrenia. Poster presented by E. Hamera at the Sixteenth Annual Research Conference of the Midwest Nursing Research Society, Chicago, IL.
- Hamera, E., Potocky, M., Casebeer, M.A., & Schneider, J.** (July, 1992). Relationship between BPRS ratings and self-report of symptoms in individuals with schizophrenia. Presented at the International Schizophrenia Conference, Vancouver, British Columbia.
- Hamera, E., Schneider, J., & DeViney, S.** (June, 1994). Alcohol, cannabis, nicotine, and caffeine use and changes in symptom distress in schizophrenia. Paper presented at the Eleventh International Symposium for the Psychotherapy of Schizophrenia, Washington, DC.
- Hamera, E. & Brown, C.** (April, 1998). Integrating context and cognitive strategies to teach grocery shopping skills in schizophrenia. Poster presented at International Society of Psychiatric-Mental Health Nurses, Philadelphia, PA.
- Hamera, E., Brown, C., & Rempfer, M.** (2001). Training to overcome environmental barriers to an independent living skill: Grocery shopping. Poster presented at National Alliance for the Mentally Ill Convention in Washington DC. July 13-14.
- Hamera, E., Brown, C., & Rempfer, M.** (2001). Cognitive Impairments in schizophrenia: Using compensatory strategies. Paper presented at the annual meeting of the American Psychiatric Nursing Association in Reno, October 17.
- Hamera, E., Brown, C., & Williams, K.** (2004). Attitudes about individuals with psychiatric disabilities following participation in an interdisciplinary internet course. Paper presented at the annual meeting of the International Society of Psychiatric Nurses in St. Louis, MO, April 30.
- Hamera, E., Williams, K., Van Scriver, A., & Brown, C.** (2005). Interdisciplinary perceptions of attitudes about individuals with psychiatric disability: Outcomes of an internet course. Paper presented at American Psychiatric Nurses Association Annual Meeting in Nashville, November 5, 2005.

C. Research Support

Current Research

None

Completed Research

Brown (PI)

07/01/2002-06/30/2005

Partnership in Health Promotion

Health Resources and Services Administration

Role: Nurse/faculty online expert.