When Whitney Bailey, an associate professor at Oklahoma State University, heard her cardiologist’s words, she was stunned. Without medical intervention, she was within six months of suffering a fatal stroke. Only a complex procedure could save her life.

Destination of choice
Her physician referred her to the Mayo Clinic and Massachusetts General Hospital. But she wanted to do her own research. Bailey found two interventional cardiologists experienced in the procedure closer to home at The Center for Advanced Heart Care at The University of Kansas Hospital.

She came to Kansas City and met with Peter Tadros, MD, about her condition. “He did everything right. He knew my clinical needs within minutes, but then took time to get to know me.”

“I was so impressed, I declined an invitation to have my procedure at Massachusetts General,” she said. “There are great health centers all over our region, but The University of Kansas Hospital team has something extraordinary.”

Before her surgery, Bailey could not even pull weeds in her garden without becoming lightheaded and nearly passing out. A year later, she was learning to surf in Hawaii.

Center of firsts
Our Heart Valve Center team consistently offers treatments unavailable elsewhere in the region. We are one of the few organizations in the nation, and the only hospital in the region, to offer all transcatheter valve treatments – procedures performed without open surgery – available today.

In addition, our cardiologists in the Richard and Annette Bloch Rhythm Center are the first in the nation, to offer a new innovative solution for people at risk of a stroke. This minimally invasive alternative, called LARIAT, virtually eliminates the risk of stroke in people with atrial fibrillation.

This team conducted a first-of-its-kind study, evaluating the role of yoga in managing atrial fibrillation. The study, recently published in the Journal of the American College of Cardiology, found that rigorous practice of yoga helps reduce episodes of irregular heartbeat.

The Complex Hypertension Center at The University of Kansas Hospital, the only such center in Kansas City, brings together a multidisciplinary team of specialists to treat patients with hard-to-control hypertension.

Why would you go anywhere else?
Take charge of your heart health

February – American Heart Health Month – is a good time to take stock of your heart health with help from A Change of Heart®, The University of Kansas Hospital’s women’s heart program.

A Change of Heart encourages women to learn their risks for heart disease and become an advocate for heart health. The program was recently named to Becker’s Hospital Review’s list of 100 Hospitals With Great Women’s Health Programs.

“Heart disease is the leading cause of death in the U.S. for women and men,” said Ashley Simmons, MD, cardiologist and the program’s medical director. “Knowing your numbers and risk factors for heart disease and how to improve them is important.”

Find your heart health assessment for $60. It includes:
- Cholesterol and blood lipid assessment
- Blood pressure, pulse check and body mass index check
- Waist measurement assessment
- Personal risk factor evaluation
- Nutrition and exercise counseling and planning
- Emotional support education
- Same-day results review with cardiac nurse practitioner

To schedule an appointment, call 913-588-1227 or send an email to hearthealth@kumc.edu.

Visit kumed.com/heart-care for more information.

Region’s Leading Heart Care Program

Our physicians at Mid-America Cardiology and MidAmerica Thoracic and Cardiovascular Surgeons offices provide leading-edge cardiac services at 13 locations throughout the greater Kansas City area, eastern Kansas and western Missouri – the region’s best heart care is always close to home.

Locations

Mid-America Cardiology
The University of Kansas Hospital, KCK
Atchison, KS
Blue Ridge, KCMO
Emporia, KS
Harrisonville, MO
Leavenworth, KS
Liberty, MO
Overland Park, KS
Parallel Parkway, KS
St. Joseph, MO
State Avenue, KCK
Tremont, KCMO

MidAmerica Thoracic and Cardiovascular Surgeons
The University of Kansas Hospital, KCK
Lawrence, KS

Patients who come here for their heart care require fewer procedures and experience shorter hospital stays, faster recoveries and better outcomes.