

CENTER *express*

THE UNIVERSITY OF KANSAS HOSPITAL • UNIVERSITY OF KANSAS MEDICAL CENTER

Hospital Offers HeartScarves to Female Cardiac Patients

Female Cardiopulmonary Rehabilitation patients at The University of Kansas Hospital are “seeing red” in a stylish way through the HeartScarves project.

The department gives a handmade red scarf to each woman who has experienced a heart event or is having

a cardiac procedure or surgery. Sponsored by WomenHeart, The National Coalition for Women with Heart Disease, HeartScarves are meant to offer comfort, support and encouragement to women with heart disease.

Community members knit and crochet the scarves and

donate them to participating hospitals. The scarves are never sold. (*See sidebar*). HeartScarves are placed in special gift bags with information on heart disease and a “red dress” pin from the American Heart Association.

Julie Grace, RN, and other Cardiac Rehab staff

members present the HeartScarves when female cardiac patients are discharged. “Patients seem very touched to get the scarves,” Grace said. “Surprised and pleased.”

Two Overland Park women, **Kathy Webster** and **Cathy Porter**, brought the project to the metro area in 2007. Since then, more than 500

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Kathy Webster and **Cathy Porter** (second and third from left) coordinate HeartScarves for the metro area. **Julie Grace, RN** (far left), and **Brooke St. Thomas** are Cardiac Rehab staff members.

Needlecrafters Needed to Make Scarves

Crafty with needlework? The HeartScarves project at The University of Kansas Hospital needs you! You can donate handmade knitted or crocheted red scarves or red yarn to **Eric Larson**, coordinator, Cardiac Rehab, 8-9368, elarson@kumc.edu.

Yarn must be a shade of red, and the scarf must be primarily red. Scarves should be at least 4 to 5 inches wide and approximately 50 inches long. Donated yarn goes to individuals in assisted living facilities who have agreed to make scarves but cannot afford the materials.

Groups of student nurses at the KU School of Nursing are among those creating scarves for the project.

For more information, contact **Cathy Porter**, 913-219-8385, or overlandparkwomenheart@yahoo.com.

Employees Play Santa

Employees “adopted” nearly 480 Wyandotte County children through the University of Kansas Medical Center’s Holiday Giving Program. The University of Kansas Hospital’s Information Technology Services on the Westwood Campus provided gifts for 20 kids, including a car seat, riding toys and more. From left are **Ann Rose**, **Heather Coffman** and **Ruth Young**. The children are from 216 families enrolled in Project EAGLE, located on the main campus.



eXchange

Vehicles

MAZDA RX-8, 65K (all highway), black, front bra, owned by non-smoker, \$12,500. 816-616-7992.

2006 SUZUKI HAYABUSA motorcycle, black/silver, excellent condition, \$8,500 OBO. 785-766-0584.

2005 DODGE RAM 1500 pickup, 26K, 2WD, 6-speed, black, excellent mpg, garaged, \$8,900. 785-632-3930.

2005 KIA RIO, 59K (mostly highway), 30-35 mpg, silver exterior, gray interior, automatic, AC, rear defrost, radio/CD, airbags, child safety locks, 1.6L, 4-cylinder, \$5,000. 816-682-8785.

1996 DODGE GRAND Caravan, green, captain's chairs, removable 3rd row seat, sliding doors, cruise control, CD, power driver's seat, \$2,200 OBO. 816-561-9924.

For Sale

AB LOUNGE XL with 2 DVDs, calorie counter, nutritional information, resistance arm straps, 1 year old, excellent condition, folds flat, paid \$360, asking \$150 OBO, you pick up. 913-248-7753.

WHIRLPOOL WASHER, 5 years old, excellent condition, white with black control panel, \$100. 785-218-1464.

TREADMILL, working condition, rarely used, \$200 OBO, you pick up. 816-471-5950.

Please send classified ads to centerexpress@kumc.edu or post online at 24/7. Items must be received by noon on the Monday prior to publication and run on a space-available basis.

POLK AUDIO SURROUND system, 4 speakers, center channel, sub-woofer, Yamaha receiver, speaker stands, \$600 firm. 913-238-3873.

WORKING COW HORSE saddle, Cactus brand, customized western style, 16" seat, beautiful tooling, dropped rigging, \$1,350. 816-682-8785.

Housing

• FOR RENT

FLORIDA CONDO, 2 BR, 2 BA, Bluegreen Resorts, purchase even years only, 1 mile from SeaWorld, \$178/month or buy for \$9,500 OBO. 913-636-5681.

2 BR HOME on golf course, fireplace, central air, covered patio, fenced backyard, 2-car garage, near I-35 and 67th Street, small dogs OK, no smoking, \$800/month. 913-432-3217.

FIRST-FLOOR APARTMENT, 2 BR, 1 BA, fireplace, hardwoods, new bath, washer/dryer hookups, backyard pond/fountain, off-street parking, no smoking, 12-month lease, rent plus electric/deposit. 512-698-4888.

Lost/Found

FOUND: Vera Bradley lunch bag in Bluff Garage, Friday, Dec. 12. 913-707-9437.

Pets

GRAY TABBY, 2-year-old female, spayed, very affectionate. 816-679-7461.

eXtra: Find these and other classifieds on the hospital intranet, 24/7, <http://intranet.kumc.com>.

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scarves have been delivered to women throughout Kansas City. "We are excited about bringing HeartScarves to The University of Kansas Hospital so we can extend the reach of the program," Webster said.

Webster and Porter are among an estimated 8 million American women living with heart disease. "We have received truly 'heart-warming' feedback from the women whose lives we have touched through Heart-Scarves," Webster added.

The HeartScarves project began in San Diego in 2005 to increase awareness and education about heart disease in women. Heart disease is the leading cause of death in women in the U.S. For more information about HeartScarves, contact

Porter, 913-219-8385, or overlandparkwomenheart@yahoo.com.

eXtra: Visit womenheart.org for information about The National Coalition of Women with Heart Disease.

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Center Express is a weekly employee publication published by The University of Kansas Hospital Communications Services. Send story ideas to Marli Murphy, 2330 Shawnee Mission Parkway, Suite E110, Westwood, KS 66205, e-mail mmurphy@kumc.edu or call 5-5192.

Holiday Worship Services Planned

Worship services are planned throughout the holiday season in Spencer Chapel, first floor of the hospital, near Wescoe Pavilion.

Nondenominational services

- Christmas Eve Communion: 6:30 p.m. Wednesday, Dec. 24

Catholic services

- Christmas Eve Mass: 4:45 p.m. Wednesday, Dec. 24
- Christmas Day Mass: 10 a.m. Thursday, Dec. 25
- New Year's Eve Mass: 4:45 p.m. Wednesday, Dec. 31
- New Year's Day Mass: 10 a.m. Thursday, Jan. 1

In Memoriam

Tasha Renee Bradford, 23, a health care assistant, died Dec. 21 following a car accident.

She had worked at The University of Kansas Hospital more than three years and was pursuing a degree in registered nursing. Her mother, **Mary Lewis**, is a patient service representative for Kansas University Physicians Inc., and a sister, **Michele Bradford**, is a patient accounts advisor for the hospital.

Tasha will be deeply missed by her coworkers and all who knew her. Visitation is 10 a.m. to noon Saturday, Dec. 27, with the funeral to follow at Community Fellowship Church of Jesus Christ in Kansas City, Mo. Visit 24/7 or call "**Tay**" **Tayborn**, 8-7048, regarding memorial contributions.