

# CENTER *express*

THE UNIVERSITY OF KANSAS HOSPITAL • UNIVERSITY OF KANSAS MEDICAL CENTER

## Flu Shots Urged for All Health Care Staff

Protect yourself, your co-workers and our patients: Get a flu shot this fall.

That's the message The University of Kansas Hospital and Medical Center are communicating loud and clear by offering free flu shots to all hospital, university and outpatient clinic staff, faculty, employees, volunteers and students. Shots will be available beginning Tuesday, Oct. 30, at the main hospital, as well as other locations in November. (See schedule, page 2). KUMC

Student Health Services will provide shots for students.

Influenza vaccination of health care staff is a key patient safety issue, according to **Nina Shik, RN**, hospital Infection Control manager. "Unvaccinated staff can easily spread influenza to our patients, putting them at risk for severe illness and complications that can be serious, even life-threatening," she said.

The Centers for Disease Control and Prevention (CDC) recommends an

annual flu shot for all health care providers – and anyone who works in a health care environment.

The CDC also recommends an annual flu vaccination for those who:

- Are 50 or older
- Have chronic health conditions such as diabetes, asthma and heart or lung disorders
- Are aged 6 months through 5 years
- Live in a nursing home, assisted living or other facility for those with chronic medical conditions
- Have in the past year required medical treatment for chronic metabolic diseases, renal dysfunction,

blood disorders or weakened immune systems

- Live with or have contact with the previous five groups
- Want to significantly reduce their chances of getting sick with the flu – or transmitting it to others

If you have questions or concerns about whether to get a flu shot, talk with your health care provider.

Despite years of public information and education nationally, many people still resist annual flu vaccinations because they believe the myth that getting the flu "isn't that serious," Shik noted.

According to the CDC: "Influenza is a serious illness

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## Clifford, Peterman Earn Nursing Honors

Two top nursing administrators on campus received prestigious honors from the Kansas State Nurses Association (KSNA) at its recent annual meeting in Topeka.

**Rita Clifford, RN, PhD**, associate dean for Student Affairs at the University of Kansas School of Nursing, received the 2007 KSNA Honorary Recognition

Award; and **Tammy Peterman, RN, MS**, executive vice president, chief operating officer and chief nursing officer at The University of Kansas Hospital, received the KSNA Nurse of the Year for Administration Award.

An associate professor at the KU School of Nursing, Clifford has served on the



Clifford



Peterman

faculty for more than 40 years. Among her major responsibilities are student recruitment and admissions. She also oversees most non-curriculum aspects of student/school interaction. Her KSNA award honors lifetime career achievement.

On the hospital staff for more than 25 years, Peterman was named chief operating officer earlier this year, adding to her responsibilities as chief nursing officer. She played a key leadership role in helping the hospital obtain Magnet designation from the American Nurses Credentialing Center (ANCC) and has led other major hospital initiatives. Peterman is the first honoree for the new KSNA award for nurse administrators.

## FLU SHOT SCHEDULE

### Occupational Health Clinic, G110 Delp

Oct. 30, Nov. 8 & 15: 7 a.m.-4:30 p.m.  
Nov. 5, 7 & 19: 2-4 p.m.  
Nov. 9, 13, 16 & 20: 8-10 a.m.

### Nursing Resource Center

Nov. 1, 2, 6, 7, 27 & 29: 7-9 a.m.

### Roving Cart

Nov. 1, 2, 6, 7, 27 & 29: 9-11 a.m., 2-4 p.m.

### Landon Center On Aging

Oct. 31: 9-11:30 a.m.

### Support Services Building, Room 126

Oct. 31: 2-4:30 p.m.

### KUMC Student Health Services (students only)

Nov. 5 & 8: 8:15-10 a.m.  
Nov. 5, 6, 7 & 9: 11 a.m.-1 p.m.  
Nov. 5 & 7: 4-5:45 p.m.

### Westwood Campus, Rooms M & N

Nov. 1: 8-11:30 a.m.

Check the hospital intranet at [intranet.kumed.com](http://intranet.kumed.com) for additional times, dates and locations.

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of the nose, throat and lungs. It can lead to pneumonia. Each year, more than 220,000 people are hospitalized with flu complications and about 36,000 of them die."

**Ken Kuse**, hospital Environment of Care director, said that flu vaccine is plentiful this year due to increased production nationally. The hospital has ordered thousands of doses.

"We've made it as easy and convenient as possible for

everyone on campus to get flu shots this year – and it's free," he said.

Community members also can get free flu shots at the hospital's Drive-Thru Flu Shot event from 8 a.m. to 1 p.m. Saturday, Nov. 10. Call 8-1227 for more information.

## Ingram's Honors Top Doctors

*Ingram's* magazine featured two campus physicians as Top Doctors in its "2007 Special

Medical Edition."

Honorees included **Michael Gorton, MD**, director of cardiac surgery, MidAmerica Thoracic and Cardiovascular Surgeons, Inc., and associate clinical professor; and **Daniel Stechschulte, Sr., MD**, professor and associate chair, Internal Medicine, and division director, Allergy/Clinical Immunology/Rheumatology. They were among 10 physicians in the Greater Kansas City metro area chosen for the "Top Doctors Class of 2007."

A Kansas native, Gorton is a graduate of the University of Kansas School of Medicine. He joined The University of Kansas Hospital in 2001, and helped plan and design the Center for Advanced Heart Care. He has pioneered numerous medical procedures, including one that allows physicians to maintain a patient's blood flow and body temperature during surgery to repair aortic arch aneurysms.

Stechschulte completed his residency at the University of Kansas Medical Center. In practice nearly 25 years as an allergist and immunologist, he has numerous research interests, including studying causes of specific immunological and inflammatory diseases. He was awarded the Ruth Bohan Teaching Professorship in 2003, which is the KU School of Medicine's most prestigious award for teaching.

**eXtra:** Read more about Gorton and Stechschulte at [ingramsonline.com](http://ingramsonline.com).



eXposure

## America's Honors

The American Society of Top Doctors selected two University of Kansas physicians for the 2007 award for excellence in medical care. The award is presented by the American Multidisciplinary Association of Professionals.

Accepting the award on behalf of the University of Kansas are **Barth**, case manager; **Cunningham**, director of the Center for Health Care Program; **Cynthia**, 42; **Lynn**, Manager, Nursing Resource Center; **Gary**, Director, Pavilion; **Gary**, Director, Multidisciplinary Program; **Glenn**, executive director; and **Glenn**, RN.

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# eXtracurricular

## Friday, Oct. 26

**PEDIATRIC GRAND Rounds:** "Immunity and Pregnancy," Joan Hunt, PhD, 8-9 a.m., Wahl Hall West Auditorium.

**NEUROLOGY/NEUROSURGERY Grand Rounds:** "Bedside to Bench to Bedside: An Old and New Model for Drug Development," Vernon Rowe, MD, 7-9 a.m., Lied Auditorium.

**CHILI FEED FUNDRAISER:** Chili, desserts, drinks, \$5; 11 a.m.-1 p.m., second floor, Landon Center On Aging. Advanced purchase tickets required, 8-0606. Benefits Adopt-a-Senior Holiday Project.

**DIVERSITY FILM FESTIVAL:** "China Blue," documentary on Chinese women and girls in blue jeans factories, 3 p.m., B018 School of Nursing.

**KIRMAYER FITNESS CENTER Open House:** Remodeled facility and new equipment, 5:30-8 p.m.

## Monday, Oct. 29

**COMPUTER SECURITY Awareness**

**Presentation:** "Top 10 Free Security Tools," Daniel Van Meter, Systems Security specialist, and Sherry Callahan, director, Information Security, noon-1 p.m., Lied Auditorium.

## Tuesday, Oct. 30

**LONDON CENTER ON AGING Special Event:** "Happy Hour: A Celebration of Healthy Humor," Mary Pebley, humor therapist, noon-2 p.m., 200 Landon Center On Aging. Register: Matt Chandler, 8-3094.

**GI GRAND ROUNDS:** Journal Club, Rashmi Tadiparthi, MD, and Andrew Overhiser, MD, 5-6:30 p.m., B018 School of Nursing.

## Wednesday, Oct. 31

**INTERNAL MEDICINE GRAND Rounds:** "Patient Selection for Treatment of Dyslipidemia," David Meyers, MD, 8-9 a.m., 3015 Sudler.

**ETHICS & MEDICINE EVENT:** "Universal Health Care," panel of health care professionals will address community, lunch included, 11:30 a.m.-1 p.m., 200 Landon Center On Aging. Register: Matt Chandler, 8-3094.

**JAYDOC LUNCH & LEARN:** Mentoring Networking Lunch, "Reading the Signs & Knowing Where to Refer Your Mentee for Personal Problems Affecting their Performance," noon-1 p.m., 4024 Varnes, School of Nursing; also, Mentees Networking Lunch, "How to Communicate with Your Mentor, and What to Do When He or She Seems Impossible," noon-1 p.m., 4016 Varnes, School of Nursing. Pre-register for lunch and handout: Marty Gunion, [mgunion@kumc.edu](mailto:mgunion@kumc.edu).

**HOLY DAY MASS:** 4:45 p.m., Spencer Chapel.

## Thursday, Nov. 1

**WINTER COAT DRIVE and Winterization Information Table:** 10:30 a.m.-noon, Stoland Lounge. Also Friday, Nov. 2, sponsored as a Student Wellness Program.

**HOLY DAY MASS:** 12:15 p.m., Spencer Chapel.

## Learn about Hospital Employee Benefits

The Employee Benefits Fair for The University of Kansas Hospital will be Tuesday, Oct. 30, through Thursday, Nov. 1. Staff can get information and ask questions about medical, dental, vision and other benefits for 2008.

The fair is scheduled for three locations to kick off open enrollment, which is Nov. 1-22.

- Main Campus: 7:30 a.m.-4:30 p.m., Tuesday and Wednesday, Oct. 30-31, Stoland Lounge, Orr Major
- Westwood Campus: 7:30-11:30 a.m., Thursday, Nov. 1, Multipurpose Room
- KU MedWest: 2-4 p.m., Thursday, Nov. 1, Multipurpose Room

New this year: Employees may get a free health screening, which includes cholesterol level, blood pressure, body mass index and waist measurement. Appointments are required. Visit *BeHealthy* on the hospital intranet homepage for details. Complete a confidential online Health Risk Appraisal by Nov. 30 for a \$5 per-pay-period reduction on 2008 medical insurance premiums.

## Physical Therapists to Offer Information Oct. 30

In celebration of National Physical Therapy Month, staff will offer information about physical therapy (PT), exercise and fitness outside the cafeteria Tuesday, Oct. 30.

At The University of Kansas Hospital, 25 physical therapists and PT assistants work in acute care, inpatient rehabilitation and outpatient care. They diagnose and treat patients with pain and/or limited ability to move and to perform regular daily activities.

## Respiratory Care Week Is Oct. 21-27

Employee recognition activities, including food, gifts and contests, are in progress for Respiratory Therapy Services at The University of Kansas Hospital during Respiratory Care Week Oct. 21-27.

For the third consecutive year, the department received the Quality Respiratory Care Recognition (QRCR) from the American Association for Respiratory Care. The designation goes to hospitals and care facilities that meet rigorous safety and quality standards for providing respiratory care services.

## Native American Health in Kansas Is Topic

"The State of Health Care Among Native Americans in Kansas" is the topic for a University of Kansas Medical Center Diversity 2007 event from noon to 1 p.m. Thursday, Nov. 1, in G013 School of Nursing auditorium.

The speakers are **Christine Makosky Daley, PhD**, assistant professor, Preventive Medicine and Public Health at KUMC, and **Jerry Briscoe**, research associate in the department. Daley will discuss her work in community-based initiatives and applied research in the Native American populations. A member of the Prairie Band Potawatomi Nation, Briscoe plans to work in Native American health issues in Missouri and Kansas.

## an Cancer Society Cancer Program

an Cancer Society has honored y of Kansas Hospital's cancer program for outstanding achievement in cancer d was presented Oct. 16 at the y Cancer Committee meeting. the honor were, from left, **Linda** manager, Social Work; **Dana**, RN, clinical nurse specialist, Cancer **dy Steen, RN**, nurse manager, Unit **zinski, RN**, coordinator, Patient ater, Cancer Center and Medical **y Doolittle, MD**, chair, ary Cancer Committee; **Jeff Wright**, ctor, Cancer Services; and **Cathy**, I, director of nursing, Cancer Center.

# eXchange

## Vehicles

2004 HONDA ACCORD EX, 47K, 4-door, moon roof, 6-disc CD, keyless entry, well maintained, Blue Book value, \$17,800, make offer. 913-526-4235.

1998 BMW 328i, silver, 5-speed, 4-door, excellent condition, \$8,000. 913-208-8937.

1995 FORD F150 XLT, 148K, V8, extended cab, full bed, 4WD, tow package, 2nd gas tank, \$3,000. 913-488-2206.

## For Sale

FURNITURE, loveseat sofa sleeper, 2 high-back chairs, entertainment center, all in fair condition, make offer. 913-515-1506.

BRIDESMAID DRESSES, lavender strapless, sizes 12 and 14, cost \$300 each, asking \$50. 816-363-0078.

BUNK BEDS, red metal, hardly used, \$85. 913-789-7095.

GARAGE SALE, 5431 Monrovia, Shawnee, 9 a.m.- 2 p.m., Thursday-Saturday, Oct. 25-27, home decor, women's and boys' clothing, toys, books, trading cards.

Z-COIL TENNIS SHOES, new, white, women size 8W, \$150. 913-486-2686.

TREADMILL, Healthrider LX, soft-rack cushioned, 0-10 miles per hour, manual incline, folds for storage, \$165. 913-789-7095.

GARTH BROOKS concert ticket, 1 available, 7:30 p.m., Nov. 14, Sprint Center, section 227, row 4, seat 15, \$32.50 (face value). 816-216-4473.

BLACK LEATHER COAT, Wilson, mid-thigh length, wrap-around style with tie belt and hood, like new, asking \$75. 913-488-2183.

BED, extra-long Serta brand plush mattress, box springs and frame, excellent condition, will include tan bed skirt and sheet set, \$200. 913-579-5499.

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KU MEN'S BASKETBALL tickets, excellent seats. 913-281-1078.

COFFEE TABLE and matching end tables, solid wood, great condition, \$35 OBO. 816-206-7569.

FORMER MODEL HOME in Eagle Creek subdivision, Lee's Summit, 4 BR, 4 BA, washer/dryer and side-by-side refrigerator stay, \$227,500 OBO. 816-246-6919.

TOWNHOUSE IN KCK, 2 BR, AC, appliances stay, small yard, low utilities and maintenance fee, \$14,000 OBO. 913-710-7586.

EXERCISE BIKE and rowing machine, older models but both work, \$15 for both. 816-921-3113.

PLAZA CONDO: 1 BR, 1 BA, lots of updates, spectacular views, secure garage, 24-hour doorman, fitness center, other amenities, \$140,000. 816-753-6268.

COUCH AND CHASE LOVESEAT, light beige, cherry wood trim, rarely used, photos available, \$600 OBO. 816-921-3113.

## For Rent

DUPLEX, 35th and Bell, 2 BR, 1 BA, AC, carpeted, basement garage, no pets, Volker neighborhood near KUMC, \$650/month includes water; annual lease. 816-588-5481.

HISTORIC HOME, 3 BR, off-street parking, quiet street in Valentine District, \$1,000/month. 617-306-3232.

TOWNHOUSE, 2 BR, 1 1/2 BA, eat-in kitchen with lots of cabinet space, fireplace, washer/dryer, deck, garage, 3 years old, 5 miles from KUMC, \$950/month. 919-846-4990.

HOUSE NEAR KUMC, 4 BR, 2 BA, furnished, laundry, full basement, 1-car garage. \$1,475/month. 816-561-5714.

## Pets

ABANDONED CAT needs home, female, fully declawed, lovable disposition. 816-405-2739.

FEMALE CAT needs loving home, 2 years old, spayed, shots up to date. 816-806-3355.

## Turn In Your Pledge for United Way

Pledges are due now for United Way campaigns at The University of Kansas Hospital and the University of Kansas Medical Center. Both campaigns are tentatively scheduled to end Wednesday, Oct. 31.

Campus donations to United Way of Wyandotte County will fund programs that benefit residents of all ages, from Boy Scouts to Special Olympics to Senior Centers. The mission of the 85-year-old branch of United Way is "to increase community understanding of human needs and to

mobilize resources to meet those needs."

The focus of the annual United Way campaign this year is the 211 telephone number. Anyone in need can dial 211, and a United Way representative will provide information on available community resources.

## Hospital Campaign

Last year, the hospital exceeded its United Way campaign goal, raising more than \$85,000. The hospital's goal this year is to raise \$90,000, and more donations are needed.

Hospital staff should turn in pledge forms to department team leaders by Friday, Oct. 26. Team leaders must

return all pledge materials to Human Resources at the main hospital or the Westwood Campus by Wednesday, Oct. 31.

## KUMC Campaign

For the first time, KUMC has harnessed online technology to launch a paperless United Way campaign. At [kumc.edu](http://kumc.edu), staff can view a video address from **David Adkins**, vice chancellor, External Affairs, which explains the importance of campus support for United Way. KUMC's campaign goal is \$75,000.

KUMC and Kansas University Physicians, Inc. employees have until Wednesday, Oct. 31, to

pledge online. To donate, visit [kumc.edu](http://kumc.edu), click on [my.kumc.edu](http://my.kumc.edu) at the bottom left and follow directions.

# CENTER eXpress

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