

CENTER *express*

THE UNIVERSITY OF KANSAS HOSPITAL • UNIVERSITY OF KANSAS MEDICAL CENTER

Spine Center to Open Nov. 3 with Region's Only Spineologists

The Marc A. Asher, MD, Comprehensive Spine Center – the region's only facility to offer specialists in all aspects of spine care under one roof – opens to patients Monday, Nov. 3.

The University of Kansas Hospital's new spine center also boasts the area's only spineology services. A spineologist is a physician with expertise in spine-related conditions who can provide a comprehensive evaluation, unbiased treatment plan and patient education.

The facility is designed so patients can see their physicians, undergo tests, receive treatment and attend therapy sessions all in one place. Occupying 22,000 square feet in the hospital's southeast corner and south

side, the center includes:

- 27 exam rooms
- 4 specialized diagnostic rooms
- 11 pre- and post-procedure rooms
- 4,000-square-foot therapy gym
- Learning and resource center
- Area for Epilepsy Care Team

The state-of-the-art center will provide treatment, relief and support for patients suffering from back pain and spinal disorders. The multidisciplinary team will include physical medicine and rehabilitation physicians, orthopedic surgeons, neurosurgeons, pain management specialists, neurologists, pain

psychiatrists and clinical psychologists. Rehabilitation services will include

physical, occupational and speech-language therapies.

Various treatment options will include pain management, non-surgical therapies, alternative therapies,

continued on back page

Center Honors Marc A. Asher, MD

Later this month, the hospital officially will dedicate the spine center in honor of **Marc A. Asher, MD**. The internationally known orthopedic surgeon joined the hospital and the University of Kansas Medical Center in 1972. In 1989, he and colleagues introduced a spinal implant system, which is now one of the most commonly used systems in the world to treat spine deformities.

Asher retired from clinical practice in 2002. Named University Distinguished Professor by KUMC in 2003, he continues his clinical research, as well as staff recruitment and development for the Department of Orthopedic Surgery.

"I cannot think of a more deserving person for this recognition," said **Bob Page**, hospital president and chief executive officer. "The Ashers' generous charitable gifts to spine research will greatly benefit the spine program. In addition, other donations have been received to honor him and provide support for future program and clinical needs."

At the same event, the hospital also will dedicate the James P. McLean, MD, Memorial Conference Room. After **McLean** was named medical director for the new center, his life was cut short in a snowboarding accident in January 2008. His family requested memorial contributions to the spine center, and more recently designated memorial funds for the facility's conference room.

Nursing School Professor Earns Research Award

Carol Smith, RN, PhD, will receive the 2008 University of Kansas Chancellors Club Research Award Friday, Oct. 24, at

the group's annual celebration in Lawrence.

A long-time KU School of Nursing professor and researcher, she joined the faculty in



Carol Smith, RN, PhD

1984. She also is an adjunct professor in the KU School of Medicine's Department of Preventive Medicine.

Smith is internationally known for pioneering research that led to video training to teach family caregivers how to manage complex home health care

tasks and equipment. Her intervention clinical trials resulted in fewer infections and re-hospitalizations and less depression. They also have proved cost-effective.

Her work has changed public health policy, including Food and Drug

continued on page 2

continued from page 1

Administration rules and regulations. The American Academy of Science included her recommendations in the *Safety of Home Technical Care Academy Report*. She helped pass legislation supporting tele-video home services for elderly Kansans.

Karen Miller, RN, PhD, dean of the Schools of Nursing and Allied Health, described Smith as an inspirational leader in nursing research. She noted Smith has helped the nursing school earn a strong national reputation for advancing the science of nursing and clinical patient care.

No stranger to KU Chancellors Club honors, Smith earned the group's Distinguished Teaching Award in 2003. She also received the 2003 Higuchi State of Kansas Science Research Achievement

Award. She was named Honorary Alumnus for the nursing school in 2007.

Smith's honor includes a \$6,000 award. The Chancellors Club was established in 1977 by KU Endowment.

David Adkins Leaves KUMC for New Post

David Adkins, the University of Kansas Medical Center's vice chancellor for External Affairs, will leave his post to become executive director of the Council of State Governments Monday, Nov. 3. The national organization is in Lexington, Ky.

An attorney and former Kansas state senator, Adkins joined KUMC in 2004 as a key member of the leadership team.

"I credit him with the wonderful success of our Alumni Reunion Weekend and

Dates Added to Flu Shot Schedule

Here's where to get a free flu vaccination within the next week. Check 24/7 for the most up-to-date list.

Nursing Resource Center

- Friday, Oct. 24, Monday, Oct. 27, Tuesday, Oct. 28, and Thursday, Oct. 30, 7-9 a.m.

Occupational Health

- Monday, Oct. 27, 2-4 p.m.
- Wednesday, Oct. 29, and Friday, Oct. 31, 8-10 a.m.

Units 15B, 46, 53, CVOR and CVP

- 24/7 except between 7-8 a.m. and 7-8 p.m.

KUMC Student Health Services (students only)

- Monday, Wednesday, Friday, 11 a.m.-1 p.m.

Westwood Campus

- Suite 314, East Building, Wednesday, Oct. 29, 4-5 p.m.
- Cancer Care Pavilion, Thursday, Oct. 30, 4-5 p.m.

KU MedWest, Pod D

- Monday-Friday, 7:30 a.m.-9 p.m.
- Saturday-Sunday, 9 a.m.-4 p.m.

Talk with your health care provider if you have questions about flu shots or have had a serious reaction from a previous shot.

gala black-tie dinner, the creation of *39th and Rainbow* magazine, and with establishing a new level of excellence in all

External Affairs' divisions, among other things," said **Barbara Atkinson, MD**, executive vice chancellor, KUMC.



Auxiliary's Fall Bazaar Earns More than \$5,000

Wowed by delectable fudge flavors available at the University of Kansas Medical Center Auxiliary's annual Fall Bazaar were (from left) **James Long, GI Endoscopy**, and wife **Felicia Long, RN, Organ Transplant**; and **Terry Bloomer, RN, Organ Transplant**. **Jennifer Thibault, RN, Nursing Quality Outcomes** (not shown), chaired the two-day event that raised more than \$5,000. The auxiliary uses proceeds to provide grants for campus projects.

exposure

Please send news and calendar items to mmurphy@kumc.edu or contact Marli Murphy at 5-5192. Items must be received by noon on the Monday prior to publication.

eXtracurricular

Thursday, Oct. 23

KUMC BOOKSTORE SALE: Through Friday, Oct. 31. Information: 8-2537.

Friday, Oct. 24

NEUROLOGY/NEUROSURGERY Grand Rounds: "Exercise and Fitness in Early Alzheimer's Disease," Jeff Burns, MD, 6:45-9 a.m., Lied Auditorium.

PEDIATRIC GRAND Rounds: "Intrauterine Environment and Adult Health and Disease," Satish Kalhan, MD, 8-9 a.m., Wahl Hall West Auditorium.

PSYCHIATRY GRAND Rounds: "Prader-Willi Syndrome – Genetics & Behavior," Merlin Butler, MD, PhD, 10:30 a.m.-noon, 3015 Sudler Auditorium.

Tuesday, Oct. 28

KUMC INTERNATIONAL Outreach Fall Luncheon: Proceeds support organization's "Girls in China" scholarship program, noon-1 p.m., Hixson Atrium. Cost is \$5.

LANDON CENTER on Aging Special Event: "Balance in a Busy Life: Living the Life You Want to Live," Mary Pebley, noon-1:30 p.m., 200 Landon Center. Register: Matt Chandler, 8-3094.

ALZHEIMER & MEMORY Seminar Series: "Redox Reactions of

Beta-Amyloid Peptide Relevant for the Generation of Reactive Oxygen Species and Alzheimer's Disease," Christian Schöneich, PhD, 4-5 p.m., 200 Landon Center.

Wednesday, Oct. 29

PROFESSIONAL DEVELOPMENT Training: "Training Grants for Post-docs and Junior Faculty Members," noon-1 p.m., Rieke Auditorium. Register: www2.kumc.edu/PDFATraining.

BROWN BAG LUNCH SERIES for Older Adults: "The 40/70 Rule: Understanding Communication and Aging," noon-1 p.m., 200 Landon Center on Aging. Register: Matt Chandler, 8-3094.

WOMEN IN MEDICINE & Science Translational Research in Medicine & Science Seminar: "The Role of DHA in Brain Development," Susan Carlson, PhD, and Beth Levant, PhD, noon-1 p.m., 1025 Orr Major. Lunch provided with pre-registration: www2.kumc.edu/PDFATraining.

Thursday, Oct. 30

KANSAS ECONOMIC Policy Conference: "Insuring a Healthy Kansas," Sandy Praeger and Nancy Turnbull, 8:30 a.m.-3:30 p.m., Kansas Memorial Union, Lawrence. Register: ipsr.ku.edu/conferen/kepc08.

PHYSICAL THERAPY Lecture Series: "Moving You to Better Health: Balance and Flexibility Training," 12:15 p.m., Wyandotte Room.

age/gender. The family based program encourages healthy changes for lifelong habits that promote weight loss, good nutrition, regular exercise and increased self-esteem. Meetings and activities are in the University of Kansas Medical Center's Pediatrics Outpatient Clinic.

For information, call the Healthy Hawks Team at 8-2452, or visit www2.kumc.edu/kids/healthyhawks.

Healthy Hawks Promotes Healthy Kids

A new group is forming Monday, Nov. 3, for Healthy Hawks. This weight management and fitness program is free to children ages 2 through 18 and their families.

Eligible children have a body mass index at or greater than the 85th percentile for

Register for Fire Extinguisher Training

The University of Kansas Hospital will offer four fire extinguisher training sessions, which are open to all hospital staff.

Each session includes a classroom lecture and hands-on training. Sessions are:

- Tuesday, Oct. 28, noon to 1 p.m., KU MedWest, conference room
- Thursday, Oct. 30: 1-2 p.m. or 2:30-3:30 p.m., Autopsy Conference Room B506, hospital
- Friday, Oct. 31: 1-2 p.m., Westwood Campus, dock area

Late participants will not be allowed to take the training. Participants receive a certificate of completion. Class size is limited; early registration is recommended. Contact **Lori McKay**, lmckay@kumc.edu.

Enjoy Chili and Help Senior Citizens

The Landon Center on Aging's 5th Annual Chili Feed is 11 a.m. to 1 p.m. Friday, Oct. 31, in Room 200. The event is a fundraiser for the center's holiday "Adopt-a-Senior" program.

For \$5, attendees get chili, dessert and a beverage. Tickets must be purchased in advance from **Hallie Kates-Calloway**, 8-0606. Food can be delivered to departments on the main campus.

Each year, the center's staff chooses about a dozen seniors from the Geriatric Clinic for special attention during the holidays. Proceeds from the Chili Feed buy both necessities and luxuries to brighten the holidays for these individuals, most of whom are alone. For more information, visit www2.kumc.edu/coa.

Learn About 2009 Hospital Benefits

The University of Kansas Hospital staff can learn about employee benefits at Employee Benefits Fairs Tuesday, Oct. 28, through Thursday, Oct. 30.

Representatives from health, dental, vision and other benefit options, as well as Human Resources staff, will be available to answer questions. There will also be prize drawings.

Dates, times and locations include:

- Tuesday, Oct. 28, 7:30 a.m. to 4:30 p.m., Stoland Lounge, Orr Major
- Wednesday, Oct. 29, 7:30 a.m. to 4:30 p.m., Multipurpose Room, Westwood Campus
- Thursday, Oct. 30, 2:30 to 4 p.m., KU MedWest.

Benefits open enrollment is Tuesday, Oct. 28, through Monday, Nov. 24. Log on to BenefitsConnection on 24/7 or bluesenroll.com to make changes for 2009 or to participate in the flex spending account. Login ID is your first name, first initial of your last name and last four digits of your Social Security number (SSN). Your full SSN is the password.

eXchange

Vehicles

2005 BMW 330i, 26K, black exterior, black leather interior, 6-speed, sunroof, M3 rims, Xenon headlamps, premium sound, heated seats, garaged, excellent condition, warranty until 2011. 913-972-5212.

1997 MERCEDES-BENZ E320 Sedan, 193K, air bags, sunroof, beige exterior, tan interior, 4 door, 4-wheel ABS, radio/cassette, 4-wheel disc brakes, rear-wheel drive, \$8,300 OBO. 816-743-0223.

1995 GMC CONVERSION van, raised top, all power options, TV/VCR, clean inside, runs well, \$1,800 OBO. 816-898-3214.

2005 KIA SPORTAGE, 42K, black exterior, gray interior, 4 door, new tires, great condition, photos, \$12,700. 785-979-8451.

1995 SUBARU LEGACY Brighton, 200K, white, 31 mpg hwy., 5 speed, engine/transmission

warranty, 4-cylinder, alloy wheels, AWD, lifetime warranty tires, CD, some rust, \$2,500. 305-389-1587.

For Sale

20" DUB REMIX RIMS with Nitto 420 tires from Honda Pilot SUV. 816-914-0882.

WILSON'S LEATHER jacket, royal blue, size large, like new, paid \$200, asking \$70. 913-486-4094.

KU FOOTBALL TICKETS for home games against Texas Tech, Kansas State and Texas, section 3, row 33. 301-471-3942.

Housing

• FOR SALE

2-STORY HOME, 2417 W. 49th Terrace, 3 BR, 2 BA, fireplace, hardwood floors, fenced backyard, new 2nd floor windows, 10 minutes from KUMC, \$222,500. 913-894-6250.

Please send classified ads to centerexpress@kumc.edu or post online at 24/7. Items must be received by noon on the Monday prior to publication and run on a space-available basis.

1-STORY HOME, 2930 S. 46th St., Turner area, 3 BR, 2 BA, Pergo floors, ceramic tile, fireplace, 2-car garage, quiet neighborhood, minutes from KUMC, \$156,950. 913-722-1701.

• FOR RENT

2 BR APARTMENT, 10-minute walk from KUMC, \$480/month, move-in discount. 816-510-6016.

HOME, 2 BR, 1 BA, hardwoods, new windows, updates, 1-car garage, deck, sunroom, patio, garden area, Shawnee Mission Parkway and Metcalf area. 913-515-2533.

NEWLY REMODELED house, 2 BR, 1 BA, large kitchen, dining room, washer/dryer in basement, close to KUMC, \$500/month plus utilities. 913-558-8602.

HOUSES, 2 BR, 1 BA, West Plaza area. 816-453-1040.

HOME, up to 4 BR, 1 BA, living room, large eat-in kitchen, 2-car garage, fenced backyard, 291 Hwy. and Langsford, Lee's Summit, \$850/month, \$500 deposit. 913-915-3613.

Pets

MOTHER CAT AND 6 KITTIES, 4 yellow tabby males, 1 tuxedo male, 1 gray/white female, 8 weeks old, social, mother will be spayed. 913-486-0721.

Wanted

AFTER-SCHOOL CARE for third-grader, 3:10-5:30 p.m., starting January 2009; attends Roesland Elementary, Shawnee Mission School District. 913-832-7681.

ROOMMATES for 5 BR, 5 BA newly remodeled home, 10 minutes from KUMC. 816-517-2871.

UPRIGHT PIANO in good condition, can pick up. 913-592-5375.

REPAIR PERSON to fix window that leaks, possibly from the roof. 913-780-2457.

eXtra: Find these and other classifieds on the hospital intranet, 24/7, <http://intranet.kumed.com>.

continued from page 1

minimally invasive procedures and surgeries.

"We not only treat

patients' neck or back pain," explained **Lisa Hermes, MD**, medical director, "we also focus on educating patients about their spine conditions, improving their levels of function and preventing recurrence."

The facility has its own convenient entrance off Cambridge, just south of the hospital's main entrance. The center's main number is 8-9900. To make an appointment, call 8-1227.

Auxiliary Grant 2009 Requests Due Nov. 1

Each year, the University of Kansas Medical Center Auxiliary presents thousands of dollars in grants

to fund projects at the medical center and The University of Kansas Hospital. Grant requests for fiscal year 2009 are due Monday, Nov. 3.

Projects should:

- Benefit patients, employees, students or staff
- Cost \$3,000 or less
- Be ineligible for funding from other sources

Project requests must list specific items and associated costs, suggest vendors and include photos accompanied by prices, if available.

Proposals also must include a letter of approval from the appropriate department or division chair/director. For more information or a grant request form, contact **Sheila Jewell, RN**, Auxiliary Projects

Committee, 816-444-4740.

Mail completed requests to her at:

1262 Stratford Road
Kansas City, Mo. 64113

Donate Blood on Campus Oct. 27

The University of Kansas Medical Center's Student Governing Council will host a blood drive 7 a.m. to 5 p.m. Monday, Oct. 27, in Stoland Lounge, Orr Major.

Make an appointment to donate at esavealifenow.com, and use the sponsor code: kumedicalstudents. Walk-ins also are welcome. For questions on medical eligibility, visit savealifenow.org.

CENTER eXpress

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