

CENTER *express*

THE UNIVERSITY OF KANSAS HOSPITAL • UNIVERSITY OF KANSAS MEDICAL CENTER

New 'Bridge Builders' to standardize end-of-life processes

The Bridge Builders are here, and they're helping ease families and staff through the difficulties of losing a loved one and patient.

Bridge Builders are nurses at The University of Kansas Hospital trained to specialize in end-of-life issues. They work with bedside nurses to manage complicated death-related documents as well as guide newer staff through the process.

The overall goal is to standardize the end-of life process, said **Angie Smith, RN**, Donor Advisory Council co-chair, who is coordinating the Bridge Builders program. It's the first initiative of its kind in the Kansas City area.

"In our organization, we try very hard to make every patient and family experience a positive one. But creating a positive experience can be difficult when dealing with the tragedy of losing a loved one," Smith said.

"Our Bridge Builders are here to provide compassionate, caring support to the patient's family and help them navigate this process. Our goal is for the family to feel supported and have access to the full range of resources our organization has to offer."



Bridge Builder **Wilma Guilbeau, RN** (right), Emergency Department, provided end-of-life expertise to **Mandy Wyss**, Unit 41/42.

The Bridge Builders pilot program began July 1, with an initial enrollment of 15 nurses. A second training

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H₂O Challenge soaks up followers

It's hot outside, but hundreds of employees at The University of Kansas Hospital likely are staying better hydrated and living healthier lives, thanks to the H₂O Challenge.

Approximately
1,200 employees



signed up for the four-week challenge, which encouraged them to increase their water consumption.

Doing so can help curb your appetite, give you more energy and make you feel better overall.

Since the H₂O Challenge wrapped up in late July, some employees are bubbling over with praise:

"This was a positive initiative. I like the water bottle and have increased my water consumption. I see lots of

Dan Conyers, RRT, Respiratory Therapy, and **Jill Georges**, Rehabilitation Services, are fans of the H₂O Challenge.

other people in meetings and offices drinking from their blue water bottles, so I think it was a success. Thanks for the great job." – **Jill Georges**, director of Rehabilitation Services

"This was a great challenge... Even on the days I wasn't totally successful with my consumption goal, the challenge raised my awareness. I will continue." – **Kathy Meyer**, senior patient account rep, Grant/Corporate Billings

"I have had success losing weight (24 pounds) during the past several weeks, and I believe this program has helped me." – **Dan Conyers, RRT**, director of Respiratory Therapy

An eye-opening open house set for Aug. 20

Attend KU Eye's Optical Shop open house 4-6 p.m. Thursday, Aug. 20. Tour the facility, browse through more than 500 frames and make purchases or appointments.

The shop, which opened in early July, is at 7400 State Line Road, Suite 100.

Before the open house, swing by a booth 11 a.m.-1:30 p.m. Tuesday, Aug. 18, outside the hospital cafeteria. Enter a raffle for small prizes at the open house.

Ten ophthalmologists provide care at KU Eye. They

specialize in areas such as corneal diseases, dry eye, eye infections and trauma, glaucoma, low vision, neuro-ophthalmology, pediatric ophthalmology, refractive surgery and retinal diseases.

The new optical shop accepts a variety of insurance, including VSP, Superior Vision, Medicare and Medicaid. KU Eye can accept prescriptions from all providers.

Information: 8-6600.

Pain Champion nominations needed

Jennifer Surprise, RN, is gearing up for a lot of talk about pain next month, but it has nothing to do with the approach of football season.

September is Pain Awareness Month. And Surprise, who is a clinical specialist on the Pain Management Resource Team, is looking for nominations for Pain Champions – employees who stand out as advocates for pain management.

Any campus employee from any discipline can be nominated. "A Pain Champion can be anyone who consistently recognizes pain management as an important issue and is proactive in helping patients with treatment," said Surprise. "Good pain management is contingent upon the assessment of the health care provider. We are looking for those who excel in this effort."

Nomination deadline is Sept. 8. The online form is at tinyurl.com/painchampions, or contact Surprise at 8-4470 or jsurprise@kumc.edu. If you use a hard copy, fax the completed form to 8-8005.

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will be next month to increase the number to 25.

Once the pilot program ends next July, Bridge Builders likely will expand to train nurses from all units, with the plan to have at least

one Bridge Builder per shift.

Smith submitted the Bridge Builders Program to the 2009 National Learning Congress as an abstract under the "Compassionate End-of-Life Care" category. "We are very proud of the program and hope we will

have the opportunity to share its success with others," she said.

Numerous groups are involved in the project, including the Donor Advisory Council, Interpreting and Translating Services, Organizational

Improvement, Palliative Care, Chaplaincy, Communication Services, Social Work, Case Management, Nursing, Education and Development, Autopsy Services, Heartland Lions Eye Banks, and Midwest Transplant Network.



In support of a cure

Urged on by rock bands and cheerleaders, more than 400 employees, friends and families from four campus entities joined with 28,000 others in the Race for the Cure Aug. 9 at Union Station. The 5K race, a fundraiser for breast cancer research, was a family affair for **Ashlee Snyder** (right, in photo at left), a University of Kansas Medical Center student in Occupational Therapy. She walked with aunt **Gayle Bainbridge** (from left), aunt **Jill Campbell**, cousin **Julee Campbell** and mom **Donna Snyder**. The event's Survivor Pavilion was sponsored by The University of Kansas Cancer Center, the team in which campus employees participated. **Marcia Bailey, RN** (from left, photo at right), Cancer Center Treatment Area; Marketing's **Jenny Inghram** and Fund Development's **Kate Migneron** welcomed pavilion visitors.

eXtracurricular

Friday, August 14

NEUROLOGY/NEUROSURGERY Grand Rounds: "Robotic Thymectomy," Emmanuel Daon, MD, 6:45-9 a.m., Lied Auditorium.

Tuesday, August 18

THE UNIVERSITY OF KANSAS Annual Teaching Summit: Conference theme is "Engaged Learning." Keynote speaker: Jillian Kinzie. Sessions begin at 8:30 a.m. in 130 Budig Hall, Lawrence campus. Information: 785-864-4199 or cte@ku.edu.

DISTINGUISHED VISITING Scholar Lecture Series: "Manuscripts: Responding to Peer-Reviewer Comments and Being a Reviewer," Jasjit Ahluwalia, MD, noon-1 p.m., B018 School of Nursing. Lunch for first 40 attendees. Register: www2.kumc.edu/PDFATraining.

CENTRAL PLAINS Geriatric Education Center Seminar: "Oral Health Prevention and Intervention: Improving Health, Nutrition and Quality of Life for Frail Elderly," Valerie Johnson,

RDH, 4-7 p.m., 200 Landon Center on Aging. Register: coa.kumc.edu/cpgec/upcomingprograms.htm.

Wednesday, August 19

VIRAL ONCOLOGY Center Seminar: "De novo Formation of Subnuclear Bodies on their Target Genes," Mirek Dundr, PhD, 10-11 a.m., Lied Auditorium.

"LOOK GOOD, FEEL BETTER" Cancer Patient Support Group: 2-4 p.m., Radiation Oncology Conference Room. Register: 8-1227.

Friday, August 21

NEUROLOGY/NEUROSURGERY Grand Rounds: "Future Prospects for Brain Prosthetics," Randolph Nudo, PhD, 6:45-9 a.m., Lied Auditorium.

Send calendar items to centerexpress@kumc.edu. Items must be received by noon on the Monday prior to publication.

Saturday, August 22

A CHANCE FOR CHILDREN 5K Run/Walk: 8 a.m., Corporate Woods (Building 40), Overland Park. Fundraiser benefits pediatric patients in the University of Kansas Medical Center and The University of Kansas Hospital. Information/registration:

Linda Schuck, 8-0448, or achanceforchildren.com.

HEADSTRONG FOR JAKE Foundation Safety Event at Shawnee Rotary Bike Rodeo: 8:30 a.m.-12:30 p.m., Mill Valley High School, 5900 Monticello Road, Shawnee. Information: Shari Beeson, 5-6933, or headstrongforjake.org.

Nurses Annual Meeting Aug. 18-20

Nurses at The University of Kansas Hospital will celebrate the successes of the past year during their annual Department of Nursing Annual Meeting. The meetings will be 2 p.m. Tuesday, Aug. 18; 7:30 a.m. Wednesday, Aug. 19; and 2 p.m. Thursday, Aug. 20.

All meetings will be in Wahl Hall East Auditorium, followed by receptions in Hixson Atrium.

Other topics to be discussed include the Nursing Strategic Plan and what it means for the hospital, and Magnet Redesignation. The 2009 Nursing Annual Report also will be distributed at the meeting.

Water unavailable for hospital maintenance

As part of ongoing maintenance at The University of Kansas Hospital, water will be unavailable in designated areas Friday night, Aug. 14, through Monday morning, Aug. 17, so crews can work on the hospital's sewer lines.

Staff and patients in these areas will be prevented from using sinks and toilets. (Sinks and toilets in unaffected areas can be used.) In the designated areas:

- Toilets and sinks will be "bagged" to prevent use.
- Portable hand washing sinks, alcohol hand rub and bottled drinking water will be provided.
- Portable commodes and liners will be provided for patient use.
- Staff must use unaffected public restrooms.

Here's a partial list of the areas that will be affected. Talk to your manager to determine if it will affect you.

10 p.m. Friday, Aug. 14, until 6 a.m. Saturday, Aug. 15: North side of Units 41, 42, 51, 52, 61 and 62, Unit 22 Surgery Clinic; Radiology

10 p.m. Saturday, Aug. 15, until 6 a.m. Sunday, Aug. 16: South side of Units 42, 52, 62 and 64; Unit 22 Surgery Clinic

10 p.m. Sunday, Aug. 16, until 6 a.m. Monday, Aug. 17: Units 15C, 26, 28, PACU, 46, 56, 64 and 66; Surgical Pathology and Clinical Labs north

Information: **Bill Bailey**, 913-208-3558.



eXchange

Vehicles

2004 HONDA PILOT, 4-door, heated seats, 4x4, third-row seats, automatic, leather seats, loaded, photos, \$14,200 OBO, will help with financing. 816-824-2641.

2000 FORD RANGER pickup, 88K, red, good cond., \$5,000. 913-909-7131.

1994 CHEVY CAMARO, 150K, green, 6-cylinder, 5-speed, runs great, new tires/exhaust, speedometer needs new sensor, \$2,500 OBO. 816-213-0612.

For Sale

LEATHER CAR COAT, size 3X, drawstring front with hood, barely worn, paid \$290, asking \$150. 913-526-2467.

COACH LEGACY Ali authentic bag, original with stripe anniversary lining, all-weather leather darkens and ages with time, photos, \$200. 816-419-8263.

WHIRLPOOL CABRIO washer/dryer set, digital, stainless steel tub, no ringer, used 1 year, paid \$1,600, asking \$1,000. 816-457-2136.

LIVING ROOM set, brown and teal, chaise lounge, couch and love seat, very nice, button-tufted arms, used 1 year, paid \$2,400, asking \$1,300. 816-457-2136.

SHARP 850W white carousel countertop microwave, \$20; antique oak table, single drawer, 17.5" x 25.5" x 29," \$45. 913-362-4282.

HP LASERJET P1005, works over USB, 5 pages printed from 1,000-sheet cartridge, includes box/packaging, CDs, cords, small printer, ultra fast, \$65 OBO. 913-907-5856.

SONY CYBER-SHOT DSC-S700 digital camera, used 2 months, 7.2 mega pixels, 3x optical zoom, 2.4" LCD monitor, box, cables, manual, CD, \$100 OBO. 913-669-2943.

LOUIS VUITTON zip-around wallet/clutch, AAA, monogrammed, double-sized, coin purse, attachment to carry as clutch or large wallet, sleek, photos, \$50. 816-419-8263.

BAR, purchased at Neb. Furniture Mart for \$1,400, never used, has tags, photos, asking \$800 OBO. 913-713-9354.

HEALTHRIDER TREADMILL, 3 years old, paid \$500, asking \$75 OBO, you pick up. 912-209-3241.

LG DARE Verizon Wireless cell phone, purchased 6 months ago, great cond., screen protector, includes charger, \$449 retail, asking \$100 OBO. 816-550-6058.

MBT WALKING SHOES, black and silver, men's size 11, worn twice, paid \$260, make offer. 913-526-2467.

APPLE IPOD TOUCH 2nd gen. 32G, lightly used, kept in hard-shell case, screen protector, under Apple warranty, additional warranty, paid \$399, asking \$299 OBO. 816-550-6058.

received the Grand Champion Service Award from ACIS/ITS.

The award is presented annually to an ACIS/ITS employee who best represents the departments' service management processes. This is the second year for the Grand Champion award.

The winner is selected from a pool of monthly winners, called

Please send classified ads to centerexpress@kumc.edu or post online at 24/7. Items must be 25 words or less and received by noon Monday. Ads run on a space-available basis.

1976 FARFISA ORGAN with acoustic buttons and instruments, books, bench, all keys work except G on foot pedal, \$50 OBO, you pick up. 913-526-2467.

DUAL SEWING MACHINE and Serger table, cutting area, storage drawer, metal and wood, sturdy, factory quality, \$300 OBO, you pick up. 913-526-2467.

TWIN BED with headboard, white, captain's drawers, mattress, \$70. 913-362-9246.

COACH WALLET, new, white leather, brown "C" pattern, baby blue leather interior, printed lining, \$75; Coach purse, blue denim, white leather strap, \$125. 913-269-7090.

GIBSON STONEWARE, Roseland pattern, set of 8 cups and saucers, most unused, small chip in 1 cup, \$10 for set. 816-674-9325.

3 KELLY CLARKSON tickets, Aug. 22 at Iowa State Fair, very close seats, \$120 for all. 913-980-0795.

FURNITURE: sleeper sofa/matching loveseat, good cond.; bedroom set with 2 box springs, 2 mattresses; dinette set; brown sofa, other items. 816-305-8693.

BABY BJORN air carrier, gray/white, barely used, purchased new in Feb. for \$89, asking \$40, prefer cash. 913-226-9993.

Housing

• FOR SALE

2-STORY HOUSE, 3 BR, 2 BA, large fenced yard, new central

Service Champions. Klein won the monthly award twice.

"Bob sets an example of professionalism to his peers," said **Ann Rose**, ITS director of service and quality. "He consistently follows our processes, communicating across teams and all levels to ensure stability and success."

heat/AC, 10 minutes from KUMC, 3817 Ruby Ave., Argentine area, \$97,000. 913-972-4728.

• FOR RENT

TONGANOXIE HOUSE, 4 BR, 2 BA, 2-car garage, corner lot, available Dec./Jan., 1-year lease required, \$1,250/month, pets welcome with deposit. 785-331-6885.

SINGLE DWELLING, 1 BR, 1 1/2 BA, small office, nice yard, storage building, walk to KUMC, 4403 Springfield, \$600, plus deposit. 913-488-8569.

Pets

2 CATS, 1 year old, petite calico female, spayed/declawed, white male, willing to neuter/declaw, vaccinations current. 785-304-2510.

Wanted

RENTAL GARAGE to store antique auto within 20 minutes of KUMC. 913-362-4282.

eXtra: Find these and other classifieds on the hospital intranet, 24/7, intranet.kumed.com.

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Bob Page

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Kimm Fromm Foster,
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Mary King, Communications
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eXceptional



Bob Klein,
ITS database administrator at The University of Kansas Hospital, on July 29