

CENTER *express*

THE UNIVERSITY OF KANSAS HOSPITAL • UNIVERSITY OF KANSAS MEDICAL CENTER

Williams' Research Hits 'Good Morning America'

KU School of Nursing associate professor Kristine Williams, RN, PhD, was in the national media spotlight July 28 on

ABC's "Good Morning America." She discussed her research on how different

conversation. Researchers measured resistant behaviors including saying "No," crying, screaming, pulling away, grabbing the caregiver, hitting or kicking and others.

"This study suggests an association between communication style and resident behaviors," Williams said. "This may significantly impact nursing care and how nursing home staff should best be trained to communicate with residents with Alzheimer's."

Specifically, her study explored how caregivers' use of "elderspeak" affected residents' subsequent behavior. Researchers defined elderspeak as overly caring and controlling communication, often in a loud, singsong voice similar to baby talk.

Grammar and vocabulary are simplified, and collective pronouns and overly intimate endearments are used, such as, "Can we sit up now, Sweetie? Oh, yes! That's a good girl!"

Study participants were residents and staff in dementia care units in three skilled nursing facilities in Kansas. The research team filmed 20 residents with moderate levels of dementia during routine activities, including bathing, dressing and oral care.

Nearly 80 percent of caregivers in the study were certified nursing assistants. Other participants were nurses, therapists and social workers involved in direct care.

Williams and her team analyzed three forms of

caregiver communication: normal conversation, elderspeak and silence. The resident behaviors that resulted were categorized as cooperative, neutral or resistant to care.

Overall, Williams found respectful, adult communication with residents with dementia reduces their resistance to care and their stress level, in turn, improving their care. When residents are less resistant to care, caregivers are less stressed and can perform their duties faster and more effectively.

"Future research is needed to test whether interventions that reduce nursing staff elderspeak communication will contribute to greater

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Kristine Williams, RN, PhD

types of communication affect the behaviors of nursing home residents with dementia.

Her study found that residents with dementia were more than twice as resistant to care when spoken to as if they were small children, compared to when caregivers used adult

Westwood Campus Shuttle Schedule Changes Aug. 4

Beginning Monday, Aug. 4, a revised schedule will be in place for The University of Kansas Hospital's shuttle service between the Westwood

Campus and the hospital.

The revised schedule reflects employee usage, noted **Gayln Gorup**, director, Business Operations for Support Services. The changes will reduce costs and decrease gas emissions, while still meeting the transportation needs of the majority of employees.

Changes include:

- Before 9 a.m. and after

3 p.m., shuttles will travel between the Westwood Campus and the hospital every 30 minutes.

- The pick-up location at the hospital will move back to outside the former Emergency Department. (The University shuttle pick-up site will remain on Cambridge until further notice.)

- Shuttle service will end at 7 p.m.

- Employees who need Westwood shuttle service after 7 p.m. should use an emergency phone to contact Security for assistance. Employees whose shifts regularly end after 7 p.m. will be contacted about parking options.

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Westwood, continued from page 1

Westwood Campus shuttle service that remains the same:

- From 5:30 to 9 a.m. and 3 to 7 p.m., shuttles will continue to travel between YouthFront and the Westwood Campus, with six departures every hour. Review the shuttle schedule for times.
- From 9 a.m. to 3 p.m., shuttles will continue to travel between the Westwood Campus, YouthFront and the hospital every 15 minutes.

Revised schedules will be posted at pick-up locations at the Westwood Campus, YouthFront, the hospital and in the shuttles, as well as on 24/7. Click on *Workplace Support* on the navigation bar, then *Shuttle Schedules*.

Contact **Eric Dooley**, director, Central Transportation, 8-3480, with questions about the revised schedule.

Emergency System Is Now Live

A new notification system called Alertus allows the University of Kansas Medical Center Police Department to communicate across campus during emergencies.



The system, which is now live, alerts staff and students to life-threatening emergencies. These include severe weather requiring immediate action, situations affecting public safety and environmental dangers.

How it works

Small Alertus wall units are at eye level in every classroom and on every floor in

university buildings across campus. In an emergency, the communication process is activated three ways:

1. Each Alertus unit sounds an alarm and flashes lights. A text message appears on the unit's display to provide instructions.
2. An emergency e-mail broadcast goes to all university accounts.
3. University employees with the campus RAVE alert system receive a text message on their cell phones. (University employees who wish to opt in should go to <https://sa.ku.edu/psp/saku/?cmd=login>. Log in, click on *Emergency Contact Info* and follow the directions.)

Follow instructions

"The important thing for everyone to remember is to follow the directions on the Alertus unit, in the e-mail and on the cell phone text message," said **Ed Phillips**, vice

chancellor for Administration. The message will explain immediate action to take, he added.

For example, if a tornado is imminent, the message will explain the emergency and what to do. Newly installed green Emergency Shelter signs indicate safe areas.

The testing phase for Alertus is complete. If the system sounds, employees should consider it a potentially life-threatening situation, Phillips stressed.

Campus officials encourage all staff members to locate the Alertus unit nearest their work areas, as well as the nearest wall-mounted map that shows exits and shelter areas.

While The University of Kansas Hospital has its own emergency notification system, an Alertus unit in the hospital switchboard room allows staff to monitor KUMC's emergency information and communicate it when appropriate.

exposure



Ellerbeck Invested In Sosland Professorship

Ed Ellerbeck, MD, chair and associate professor, Preventive Medicine and Public Health, the University of Kansas Medical Center, received the Sosland Family Professorship in Preventive Medicine June 18. Among attendees were (from left) **Robert Hemenway**, PhD, KU chancellor; **Morton Sosland**; Ellerbeck; **Barbara Atkinson**, MD, KUMC executive vice chancellor; and **Glen Cox**, MD, professor and interim chair, Health Policy and Management.

Please send news and calendar items to mmurphy@kumc.edu or contact Marli Murphy at 5-5192. Items must be received by noon on the Monday prior to publication.

eXtracurricular

Thursday, July 31

MUSCULOSKELETAL INSTITUTE Seminar: "Transcription Factor NFAT Deficiency and Osteoarthritis," Jinxi Wang, MD, PhD, 4-5 p.m., 6016 Wahl Hall East.

Friday, Aug. 1

ALLERGY, CLINICAL Immunology/Rheumatology Core Conference: 7:30-9 a.m., Clendening Amphitheater.

CLINICAL ONCOLOGY Journal Club: Prasanth Reddy, MD, 8:30-9:30 a.m., 3015 Sudler Auditorium.

SCRUBS DRIVE ENDS at 5 p.m.; benefits Wyandotte County families that lose their homes to fire, flooding and other disasters. Contact Paula Baum, 8-1017, for drop-box locations.

Monday, Aug. 4

BONE MARROW/STEM CELL Transplantation Conference: 8-9 a.m., Atrium Conference Room, Westwood Campus.

Hospital Among Top Heart Walk Contributors

Thanks to more than 700 employees in 54 departments, The University of Kansas Hospital earned a spot as third-highest corporate contributor to the 2008 Kansas City Heart Walk.

The hospital contributed more than \$76,400 to the American Heart Association event May 31.

Ann Blythe, coordinator, Hospital Construction, was the top individual fundraiser with \$5,150. She was also the

Tuesday, Aug. 5

KUMC COMMUNITY HEALTH Project Showcase: noon-1 p.m., G013 School of Nursing.

ADULT CONGENITAL Heart Disease Support Group: 7-8:30 p.m., White Heart Learning and Resource Center, Center for Advanced Heart Care. Information: 8-1227.

LYMPHOMA/ MYELOMA Conference: 8-9 a.m., Radiation Oncology Conference Room.

Wednesday, Aug. 6

GASTROENTEROLOGY/Hepatology Grand Rounds: "Transplantation as Treatment for Hepatocellular Carcinoma," Erik Schadde, MD, 8-9 a.m., 3015 Sudler.

LIVER TRANSPLANT Support Group: 7-8:30 p.m., Wyandotte Room. Information: 8-1227.

Thursday, Aug. 7

HEMATOLOGY JOURNAL CLUB: Srinu Reddy, MD, 8 a.m., Boley Conference Room.

No. 1 contributor to the hospital's total in 2007. **Patricia Sanders-Hall**, vice president, Ancillary Care, was second, raising \$4,600. **Frankie Hagen**, assistant director, Compensation and Benefits, was third with \$2,275.

The top five fundraising departments were:

- Human Resources, \$9,448
- Executive Office, \$6,437
- Hospital Construction, \$5,150
- Pharmacy, \$4,461
- Mid-America Cardiology, \$4,442

The 2009 Kansas City Heart Walk is May 30.

Annual White Coat Ceremony Is Aug. 1

The University of Kansas Medical Center hosts the 11th annual White Coat Ceremony for new KU School of Medicine students at 2 p.m. Friday, Aug. 1, in Battenfeld Auditorium.

The ceremony honors first-year students' entry into the medical profession, as one by one they receive a physician's white coat. The event is open to family and friends. A reception follows in the KU School of Nursing Atrium.

Orientation for the new class of medical students began July 24. Students volunteered in Kansas City, Kan., for 12 different projects on M1 Community Service Day July 31. (M1 stands for first-year medical student.) Projects included building homes, landscaping, sorting school supplies and others. Orientation week culminates in the White Coat Ceremony.

Fall Prevention Program Offered

"Evidence-Based Fall Prevention," a continuing education program, is 12:30 to 5:30 p.m. Wednesday, Aug. 13, at the Landon Center on Aging.

The Central Plains Geriatric Education Center at the University of Kansas Medical Center sponsors the program for nurses, administrators, social workers and allied health professionals who care for geriatric patients in primary care, long-term care, home health and other settings.

Presenters are **Deborah Cooke, PhD**; **Nandini Deshpande, PhD**; **Dory Sabata, OTD**; and **Sharee Wiggins, RN**. Contact **Wujeong Duncan**, 8-1464, to register. The fee is \$45.

JayRisk Series 2008 Continues in August

"Risk Reduction in Physician Office Practices," the second session in the JayRisk Series 2008, will be presented twice in August. The speaker is **Jean Turvey, RN**, a clinical risk consultant.

Designed for office practice physicians, nurses and office staff, the session focuses on proactive strategies to reduce professional liability claims against physicians and their practices.

Dates, times and locations are:

- Noon to 1 p.m. Thursday, Aug. 7, Conference Room 4908, Center for Advanced Heart Care. Registration deadline is Monday, Aug. 4.
- 6:30 to 7:30 p.m., Wednesday, Aug. 20, Multipurpose Room, Westwood Campus. Registration deadline is Friday, Aug. 15.

To register, contact **Carol Larsen, RN**, 8-4432, or **Julie Stone**, 8-7468. The JayRisk Series' final session is in October.

eXchange

Please send classified ads to centerexpress@kumc.edu. Items must be received by noon on the Monday prior to publication and run on a space-available basis.

Vehicles

2006 INFINITI G35, 24.5K, manual transmission, premium package, Bluetooth capable, side air bags, under warranty, excellent condition, \$25,500. 816-589-0372.

2004 JEEP RUBICON, 38K, silver with hard top. 816-529-2142.

2003 SATURN VUE, 85K, black with beige interior, AC, CD, tinted windows, excellent condition, \$7,000 OBO. 913-558-5279.

2003 HONDA SHADOW SPIRIT VT, 3.5K, 1100cc, like new, \$5,000. 913-526-4945.

1999 MITSUBISHI ECLIPSE RS, 114K, great condition. 913-579-4307.

1990 HONDA ACCORD, high mileage, manual transmission, blue with gray interior, reliable engine, \$850 OBO. 913-562-7795.

For Sale

FRIGIDAIRE WASHER/DRYER, electric, 3-year warranty, excellent condition, \$400 OBO, you pick up. 304-816-2009.

LA-Z-BOY SLEEPER SOFA, queen size, dark green with beige stripe, excellent condition, \$150. 816-436-3769.

SHUFFLEBOARD, 18" playing area, 21' long, oak top deck, excellent condition, \$300 OBO. 816-260-5795.

JUNIOR CLOTHING, sizes 0-11, size 10 boots, size 11 women's shoes. 913-599-6761.

FURNITURE, dark wood bookcase with matching TV stand, \$350; stackable storage cubes, \$10-\$15; 22" TV, \$35. 816-694-4595.

CHIEFS TICKETS: 2 tickets available for each: 1 pre-season game, Nov. 16 vs. New Orleans, Nov. 23 vs. Buffalo, Dec. 14 vs. San Diego, Dec. 21 vs. Miami, \$1,100 for set. 913-485-4878.

TINA TURNER TICKETS, Sprint Center, Oct. 1, sold-out concert, 2 tickets, \$200 for pair. 913-522-9994.

METAL STAND MIXER, Hamilton Beach, paid \$199, asking \$75; Bolen front-tine tiller, paid \$200, asking \$75; Troy-Bilt pressure washer, paid \$100, asking \$50. 913-481-8489.

CORNER HUTCHES, rich wood tone, excellent condition, paid \$340, asking \$40 each. Will sell separately. 816-363-8698.

REFRIGERATOR, white, Frigidaire, 19 cubic ft., automatic ice maker, great condition, \$125. 816-363-8698.

Housing

• FOR SALE

OVERLAND PARK HOME, 4 BR, 3 1/2 BA, dining room, walk-out living room, new furnace and paint, fenced yard, wooded lot, \$319,950. 913-383-1890.

SHAWNEE HOME, 3 BR, 1 BA, remodeled kitchen and bath, hardwood floors, garage, yard, garden, 10 minutes to KUMC, \$135,000 for sale or \$1,100/month rent. 913-963-2087.

FAIRWAY HOME, 6025 Buena Vista St., 2 BR, 1 BA, hardwood floors, basement, wood-burning stove, all appliances, large shaded deck and patio, close to KUMC, \$172,500. 913-754-6797.

• FOR RENT

HOME, 3 BR, 2 BA, washer/dryer, 1-car garage, 1 mile from KUMC, \$975/month plus utilities. 913-205-7127.

WALDO HOME, 2 BR, 1 BA, living room, dining room, office, attic storage, hot tub, swimming pool, quiet neighborhood, \$1,100/month. 816-729-4348.

ROOM FOR RENT in 3 BR Gladstone home, furnished, Internet, cable, laundry, carpool to KUMC available, \$350/month plus one-third of utilities. 816-455-6333.

Carpools

BLUE SPRINGS to KUMC, work hours M-T-F, 9 a.m.-9:30 p.m. 816-220-0289.

BONNER SPRINGS to KUMC, work hours, 8:30 a.m.-6 p.m. 913-422-2061.

77th and WORNALL to WESTWOOD. 816-591-1011.

INDEPENDENCE to Westwood, work hours M-W-F, 8 a.m.-4:30 p.m., T-TH, 8 a.m.-5 p.m. 816-833-5583.

PLEASANT HILL to KUMC, work hours M-F, 7:45 a.m.-4:15 p.m. 573-587-9831.

OTTAWA to KUMC, work hours M-F, 6:30 a.m.-5 p.m. 913-568-9226.

LAWRENCE to KUMC, work hours M-F, 7:30 a.m.-4:30 p.m., prefer nonsmoker. 785-691-9715.

Wanted

LITTMAN II STETHOSCOPE, good condition. 816-590-8184.

POP-UP CAMPING TRAILER to sleep 4, with AC and heat, good condition. 816-886-6640.

EXTENSION LADDER and extension duster. 816-220-0289.

Free

FREE KITCHEN CABINETS and countertop, good condition, you remove. 816-363-8698.

Pets

DOBERMAN, 4 months old, brown with green eyes, all shots up to date, housebroken, good with other dogs, needs fenced yard. 785-393-1621.

eXtra: Find these and other classifieds on the hospital intranet, 24/7, <http://intranet.kumc.com>.

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cooperation with care for persons with dementia," Williams noted.

Williams presented her research earlier this week at the 2008 Alzheimer's Association International Conference on Alzheimer's

Disease in Chicago. Throughout the week, the *Chicago Tribune*, the *Los Angeles Times* and news media across the country have carried stories about her research on elderspeak.

Williams joined the School of Nursing faculty in 2001.

Her study, "Elderspeak: Impact on Dementia Care," is funded by the National Institutes of Nursing Research and Aging. Her findings will be published in the *American Journal of Alzheimer's Disease and Other Dementias* this fall.

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