

CENTER *express*

THE UNIVERSITY OF KANSAS HOSPITAL • UNIVERSITY OF KANSAS MEDICAL CENTER

UKP prepares to scale **new heights**

At The University of Kansas Physicians' 15-year anniversary celebration last week, keynote speaker **Jeff Evans**, a renowned mountain climber, discussed how teamwork and attitude are at the heart of every hair-raising record he sets.

"Be like a Sherpa!" he exhorted the crowd. "Attack every day with focus and desire."

It's fitting advice for UKP. Leaders say their nearly 800 employees are being asked to pull together like never before. Besides rolling out O₂ in their clinics – a monumental task in itself – employees



After his inspiring keynote speech, famed mountain climber **Jeff Evans** autographed his book for UKP employees, including Family Medicine's **Sharon Lee** (right).

are implementing new process standards. A majority of them also are prepping to

move into the Medical Office Building this summer.

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Slimming down leads to big ups for staff

If you're seeing a lot less of your hospital co-workers these days, don't blame it on summer hours. Chances are, you *really are* seeing less of them – a lot less, thanks to A Slimmer You.

Results are impressive from the first session of the 10-week program, which wrapped up last month.

A total of 257 employees lost 1,690 pounds – about 7 pounds on average, reports **Kim Self**, wellness and benefits coordinator. Thirty-three participants lost 15 pounds or more.

A key to the program: Participants sipped on H₂Orange (one part orange juice with seven parts water),

A Slimmer You is one of many wellness programs the hospital offers in partnership with BlueCross BlueShield of Kansas City. Two more sessions will be offered this year. Information: 816-395-2121.

which helped maintain their energy while dieting.

Beyond the weight loss, many participants made positive changes in other areas in their lives.

"Before the program, I'd only exercise one or two times a week," said **Amanda Gartner, RN**, quality outcomes coordinator, Department of Nursing Quality and Regulatory

Compliance. "Now, I run or lift weights three to five times a week. I pay more attention to what I eat, and overall I just feel so much better."

That wasn't the case just a year ago. Her physician was concerned about her cholesterol numbers, and it seemed medication was her only option.

"My family has a history of high cholesterol," Gartner said. "I just assumed cholesterol medication was in my future. However, with this program, I was able to lower my bad cholesterol and raise my good cholesterol. Medication is no longer being talked about, which makes me very happy."

School of Medicine 'most popular' in U.S., study finds

The KU School of Medicine is the nation's most popular medical school, according to an analysis by *U.S. News & World Report*.

The report is based on the percentage of students admitted to a medical school who ultimately decide to enroll in that program.

At our School of Medicine, 176 (82.2 percent) of the 214 accepted students decided to attend the school in the academic year beginning in 2010. That's tops among the 121 U.S. medical schools in the report.

"We have long been aware the KU School of Medicine is the school of choice among many of our applicants," said **Barbara Atkinson, MD**, KUMC executive vice chancellor and executive dean at the KU School of Medicine.

"Like most medical schools, we consider rankings one of many ways to measure success. We're extremely pleased to be at the very top of this list."

Every school on the "most popular" list is a state institution. That likely contributed to the rankings, since in-state tuition at public medical schools is significantly lower than tuition for out-of-state students or at private schools.

Bailey Roberts, a first-year student at our School of Medicine, was accepted at four medical schools, including Vanderbilt University. She said the lower tuition was a big factor in her decision to come to KU, but it wasn't the only one.

"During the admissions process, I just had a feeling KU was the best choice for me," Roberts said. "I want to go into pediatrics and work with underserved populations, and this was going to be the best school for me to pursue that dream."

ArtBra success reflects survivors' spirit

Funky bras, arty bras, funny bras, audacious bras – ArtBra KC sported ‘em all and then some. But in the end, the real stars of the show were the breast cancer survivors celebrating life to the fullest.

The inaugural ArtBra KC raised the rafters at Studio Dan Meiners May 13 – and raised approximately \$70,000

for the Patients in Need Fund at Missys' Boutique. The appearance center and retail shop opened last summer in the Richard and Annette Bloch Cancer Care Pavilion.

The evening's highlight was a runway show by 22 breast cancer survivors, ages 22 to 66, who modeled selected artbras. More than 460

guests and volunteers, including many of the models' families and friends, bid on 94 handmade work-of-art bras and other fine art pieces in silent and live auctions.

"Watching the survivors come onto the runway looking so vibrant, so full of life and filled with joy was genuinely rewarding and truly magical," said **Sharon Butler Payne**, event organizer. A breast cancer survivor, she is a grateful patient of the hospital and

The University of Kansas Cancer Center.

The highest bids, at \$2,500 each, were for "Diamond and Pearls" and for a Kansas City Chiefs' themed bra.

"The success of this event went far, far beyond our expectations," said **Judy Newell**, Missys' Boutique manager. "The proceeds will help so many cancer patients who can't afford basic appearance-related items like wigs and mastectomy garments. I just can't express my gratitude enough."

Awards honor top research projects

Winners of the 2011 Resident, Postdoc, and Fellow Research Day awards were announced May 6. This is the second year for the awards.

1st Place Oral Presentations

Resident: Edward Penn, Otolaryngology

Postdoc: Dan Li, Pharmacology

Fellow: Remia Paduga, Neurology

2nd Place Oral Presentations

Resident: William Kramer, Orthopedic Surgery

Postdoc: Vijayalaxmi Gupta, Physiology

Fellow: Bachir Estephan, Neurology

1st Place Poster

Resident: Matthew Butler, Internal Medicine

Postdoc: Cibele Pinto, Nephrology/Kidney Institute

Fellow: Lucas Pitts, Internal Medicine (Pulmonary Critical Care Medicine)

2nd Place Poster

Resident: Casey Hertenberg, General Surgery

Postdoc: Susmita Jasti, Anatomy and Cellular Biology

Fellow (tie): Brian Moloney, Internal Medicine

Fellow (tie): Rajyalakshmi Gadi, Internal Medicine

UKP, continued from page 1

"We've had anniversary celebrations before, but we felt there are so many significant milestones we need to recognize this year," said **Ruth Pullins**, UKP's chief Human Resources officer.

Much like the hospital and medical center, UKP has grown sharply. It was created in 1996 to provide central support for the 15 (now 18) physician foundations on campus. Departments range from Compliance and Billing to Executive Management and Information Technology.

UKP's number of employees has jumped 25 percent

since 2009. During that time, the number of clinical providers it supports rose to 699, up from 568.

Yet UKP is expanding beyond administration. One of its newer roles, led by a Clinical Operations Team, is working to ensure patients receive consistent service throughout UKP clinics.

The effort includes visual uniformity. Besides the new facility, more clinic staff continue to migrate to UKP's "galaxy blue" scrubs, which debuted last July. That helps distinguish them from other caregivers on campus.

The push toward uniformity also means staff in each clinic increasingly follow consistent quality checkpoints in patient care, whether they're taking blood pressure or performing invasive procedures.

"Before we were like an MSO (management service organization) – we did centralized billing and support, but we weren't involved in the day-to-day operations of the clinics," said **Teresa Neely**, chief operating officer.

"But we're moving in that direction. We're setting standard policies and procedures to create a consistent experience for our patients."

Tubes down, runners ready

The hospital's tube system is used 8,000 times a day by employees like Admitting's **Brenda Nelson**. But not on Thursday, May 19. The system will be shut down for about six hours, 10 a.m.-4 p.m., so workers can connect the system to the new Medical Office Building. Departments have identified staff to serve as "runners" during this time to hustle the containers where they need to go. Just like the old days.

exposure



eXtracurricular

Send calendar items to centerexpress@kumc.edu. Items must be received by noon on the Monday prior to publication.

Thursday, May 19

ANNUAL WILLIAM ROOT
Lecture: "Leadership Skills and Opportunities in Medicine," Douglas Girod, MD, noon, B018 School of Nursing. Sponsored by the Kansas Alpha Chapter of the Alpha Omega Alpha Honor Medical Society and the KU School of Medicine.

FACULTY AFFAIRS 2011 P&T
Informational Meeting for Non-Tenure-Track Faculty: noon-1:30 p.m., 3020 Murphy Conference Room. Event will address process, criteria and deadlines for faculty who are up for promotion in 2011. Register: www2.kumc.edu/PDFATraining.

HR-PDFA WELLNESS Series: "The Power of Knowing and Pursuing What You Do Best!" Todd Lewis, noon-1 p.m., G013 SON Auditorium. Lunch provided for first 125 participants. Register: www2.kumc.edu/HRDL. Information: Lisa Kern, 8-5050 or HRSeminars@kumc.edu.

Friday, May 20

PEDIATRIC GRAND Rounds
Cheng T. Cho Annual Pediatric Infectious Disease Lectureship: "Pediatric Challenges: What Is Your Diagnosis?" Robert Wittler, MD, 8-9 a.m., Clendening Auditorium.

NEUROLOGY/NEUROSURGERY
Grand Rounds: "Necrotizing Myopathy," Iryna Muzyka, MD, 8-9 a.m., Lied Auditorium.

Tuesday, May 24

CENTRAL PLAINS Geriatric Education Center Evidence-Based Clinical Care Series: "Rehabilitation Challenges of Stroke and Parkinson's Disease," Atul Patel, MD, 5-7 p.m., 200 Landon Center on Aging. Registration is \$25. Register: coa.kumc.edu/cpgec and select "upcoming programs."

Wednesday, May 25

INTERNAL MEDICINE Grand Rounds: "Improving Office Practice: Working Smarter, Not Harder," 8-9 a.m., 3015 Sudler Auditorium.

HEAD AND NECK Cancer Support: Second and fourth Wednesdays, 4-5:30 p.m., Executive Dining Room, Westwood Campus. Information: 8-1227.

Thursday, May 26

HOSPICE AND PALLIATIVE Care Lecture Series: "GI Malignancies," Lindy Landzaat, DO, 8-9 a.m.; "Pediatric Palliative Care," Emily Riegel, MD, 9-10 a.m. Registration fee for each program is \$15. Series continues every Thursday morning. Register and select an ITV viewing site: coa.kumc.edu/cpgec/palliative.

Brain injury run, helmet-fitting need support

Approximately 30 volunteers are needed for the May 30 Amy Thompson Run for Brain Injury. Volunteers will participate in a related Headstrong for Jake activity by helping fit bicycle helmets on youngsters.

The 8K walk/run (amythompsonrun.org) is 8 a.m. at Loose Park in Kansas City. This is the 24th anniversary of the event, one of the oldest premier family runs through some of Kansas City's most beautiful neighborhoods.

Information: **Jennie Vargas**, 8-7536.

School of Medicine faculty nominations begin

Nominations are under way for four high-profile faculty awards in the KU School of Medicine.

New this year is The Marjorie S. Sirridge, MD, Excellence in Medicine and Science Award. Sponsored by Women in Medicine and Science, the award will be presented each year in honor of a female faculty member who demonstrates the professional excellence, leadership skills and commitment to mentoring exhibited by **Marjorie Sirridge, MD**, throughout her distinguished career.

Nomination deadline is May 31. The award will be announced Aug. 18 at the annual WIMS conference. Information and nomination forms: www2.kumc.edu/wims/wims_awards.html.

The three other awards and their nomination deadlines: Executive Dean's Distinguished Mentoring Awards, July 15; The Glendon G. Cox Leadership Award, Sept. 2; and the Ruth Bohan Teaching Professorship, Sept. 9. Details about those three are at kumc.edu/som/facaffairs/honorsandawards.

New GME conference focuses on patient safety

The KU School of Medicine will hold a multidisciplinary patient safety conference, a first for the school. It is 6:30 a.m. June 14 in the School of Nursing Auditorium.

The conference targets residents/fellows and other members of the patient care team. All team members are invited.

The goal: teach patient safety and quality improvement concepts, as well as foster greater communication between disciplines, in the setting of case discussion.

This event is expected to be held quarterly. The first conference will spotlight a case involving multiple disciplines – the patient had significant interactions with General Surgery, Emergency Department, Medical ICU, Internal Medicine and Ear, Nose and Throat.

Sponsored by Graduate Medical Education, the conference will use the Vanderbilt Matrix, a tool for teaching new Accreditation Council of Graduate Medical Education core competencies to residents. Discussions will be kept professional and not focus on individual provider performance. Information: **Andrea McMillin**, 8-7223.

Save the date for Golfology benefit tourney

The third annual Golfology fore Cardiology, set for Sept. 26 at Shadow Glen Golf Club in Olathe, will again benefit the cardiovascular rehabilitation program at the Center for Advanced Heart Care.

Jim Harbrecht, MD, Mid-America Cardiology, is the 2011 honorary chair. To register or for more information: golfology4cardiology.com.

In just two years, the pro-am golf tournament has raised about \$80,000 to establish and support a preventive vascular disease program focusing on diabetes, obesity, heart and vascular conditions.

eXpress reminder

HOSPITAL Paid Time Off (PTO) Buy-Back Request Deadline:

4:30 p.m., Friday, May 20. Fill out the PTO Buy-Back form on 24/7, or get a paper form in Human Resources. Sell up to 40 hours of PTO. To participate, you must have at least 80 hours of PTO as of your April 29 pay stub.

HEART WALK: 9 a.m., Saturday, May 21, Theis Park (east of Country Club Plaza). Every campus participant gets a team T-shirt and can attend a pancake breakfast after the walk. Information: **Ally Bittner**, 5-5248, or **Nick Sterner**, American Heart Association Heart Walk director, 913-652-1925.

Can't make the walk because you have to work? Like last year, **Virginia Taylor, RN**, nursing administrative coordinator, is organizing a walk for hospital employees whose weekend shifts conflict with the Heart Walk. She's scheduling a walk around the campus property Saturday morning, May 21, for both day- and night-shift. Information: Taylor, 8-7847.

NURSING SUPPORT STAFF Excellence Awards Nomination Deadline: 4 p.m., Wednesday, May 25. Details and nomination forms are on 24/7. Winners will be announced in June.

exchange

For Sale

PLAYSTATION 2 SLIM with standard controller, wireless controller, Dualshock corded controller, several games, second Playstation 2 console with broken open/close mechanism, \$125. 913-387-9312.

BOPPY NEWBORN Lounger, Seed Row design, like new, \$37 retail, asking \$20. Text 816-721-9717.

REFRIGERATOR with icemaker, white, 5 years old, works great, \$400 OBO; IKEA office desk with floor hutch, beautiful, \$30. 816-797-1054.

2 WATCHES: Armitron women's gold-tone Tweety Bird musical watch; Anne Klein women's 2-tone square watch bracelet; both in great cond. 913-232-7083.

ROWE SOFA and matching loveseat, brown, 2 accent pillows, great cond., comes with dark wooden coffee table, \$400 OBO, you pick up in Olathe. 913-424-5445.

BROYHILL FONTANA pine bedroom furniture: desk/chair, queen head/footboard, dresser/mirror, lingerie chest, nightstand, like new, \$700. 913-522-4373.

48" JVC floor model, \$175; over-the-stove microwave, black, \$30; photos. 816 352-1375.

GLASS-TOP TABLE, 4 chairs, \$100 OBO; Ashley microsuede loveseat, tan, \$150 OBO; photos. 913-568-9139.

CHICCO PLAYPEN, Sahara pattern, \$50; Evenflo Baby Suite, circus pattern, \$25; Chicco Deluxe travel hippo hook-on chair, \$25; photos. 816-651-3163.

SKECHERS SHAPE UPS, new cond., women's size 8, all white, with educational DVD, 2 pairs shoelaces, 3 weeks old, worn once, \$80. 913-449-8021.

SECTIONAL COUCH, light tan, good cond., comfy, photos, \$100. 816-703-9044.

EARL CAMPBELL autographed Houston Oilers helmet, \$400. 913-894-6250.

FULL-SIZE VIOLIN. 913-669-5400.

FOOSBALL TABLE, like new, gently used, paid \$135, asking \$75. 913-636-6720.

COACH HANDBAG, red with long strap, small ink stain, photos, \$50 or make offer. 816-516-9566.

Please send classified ads to centerexpress@kumc.edu or post online at 24/7. Items must be 25 words or less and received by noon Monday. Ads are for staff and students only. You cannot promote personal businesses or commercial ventures. Ads run on a space-available basis.

YARDMAN riding mower, 16 hp, 42" cut, early 2000s model, \$400; Yardman self-propelled push mower, \$80; Craftsman mulching push mower, self-propelled, missing discharge attachment, \$60. 913-526-8498.

BABY CRIB, natural wood color with mattress; glider rocker, natural wood color, good cond., durable. 913-205-5324.

NEW BOOTS from JCP, never worn, size 9, paid \$40, asking \$20; baby/toddler swing for porch, tree, etc., blue, \$5; photos. 913-302-0863.

2 NASCAR TICKETS for June 4-5 races at Kansas Speedway, section 112, row 24, seats 11 and 12, includes 2 track passes for June 5, \$270. 913-915-0620.

VINTAGE GUCCI handbag, excellent cond. inside/out, photos, \$200 OBO. 816-516-9666.

HP INK CARTRIDGES: HP 23 (3 tricolor cartridges), HP 45 (3 black cartridges), HP 49 (1 tricolor cartridge), all new/in boxes, \$5 each. 913-206-1588.

TODDLER BOY'S bike, training wheels, gently used, \$20; youth boy's bike, red, \$35 OBO; photos. 913-908-1263.

BABY BOY'S CLOTHING, newborn to 6 months. 913-894-6250.

SCRUB TOPS and bottoms, size large, light blue, \$10 each; Michael Kors tan/brown rubber-soled shoes, worn once, good cond., \$15. 913-980-8113.

15.6" HD LCD TV, Polaroid brand, new/never opened, \$90 OBO. 913-980-0795.

GUITAR, Fender American Standard Precision Bass, Sunburst with Maple Neck, Rumble Combo practice amp., limited use, photos, \$1,100 retail, asking \$650. 816-807-2751.

Garage Sales

LEE'S SUMMIT Sale: May 19- 21, Princeton Heights neighborhood, right off 50 Hwy. at Ranson. 816-582-5844.

NORTHLAND MULTI-FAMILY Sale: May 20-21, 7921 N. Central, baby and maternity clothes, household items, furniture, more.

Lost

GOLDEN RETRIEVER named Oakley, 10 years old, lost May 14 at 56th and Mission Drive, wearing collar, tags, reward offered. 913-558-5566.

exceptional

Ten donor-supported awards, which honor nurses and other staff for their Five-Star Performances, were given to 14 employees in April and May.

Award for Excellence in Hematology/Oncology Nursing

- Inpatient – Gina Brownlee, RN, Unit 41/42
- Outpatient – Lori Ranallo, ARNP, Cancer Center exams

Thomas McCool/KCPL Award for Excellence in Burn Nursing

- Karla Oberle, RN, Unit 52

Elizabeth Page Award for Excellence in Rehabilitative Care

- Hilary Wingate, Physical Therapy
- Cynthia Morris, RN, Unit 3F

Patricia Huffman Award for Excellence in Maternal/Child Nursing

- Janet Wisner, RN, Neonatal ICU

Riss Family Award for Excellence in Neuroscience Nursing

- Patricia Jeffcott, RN, Unit 61
- Chi Le, CMSRN, Unit 62

Sutherland Family Nursing Excellence Award in Surgical Intensive Care

- Tiffany Diehl, RN, Surgical ICU

Jodi C. Hatzenbihler Clinical Excellence Education Award

- Kaitlin Owens, RN, CVPCU

Cardiovascular and Cardiothoracic Surgical Nursing Excellence Award

- Greg Anderson, RN, CVPCU
- Steve Forsythe, RN, CVOR



Steve Forsythe, RN, took home the Cardiovascular and Cardiothoracic Surgical Nursing Excellence Award. See photos of all winners on 24/7.

Elizabeth Wisdom Award for Excellence in Medical Intensive Care

- Elizabeth Wright, RN, Unit 65

Pulmonary Nursing Excellence Education Award

- Stephanie Turner, RN, Unit 63

CENTER express

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Center Express is a weekly employee publication produced by The University of Kansas Hospital Communications Services, 2330 Shawnee Mission Parkway, Suite 100, Westwood, KS 66205. Send story ideas to centerexpress@kumc.edu.