

# CENTER *express*

THE UNIVERSITY OF KANSAS HOSPITAL • UNIVERSITY OF KANSAS MEDICAL CENTER

## JayDoc Free Clinic marks 5th anniversary

In today's economic downturn, the JayDoc Free Clinic provides services that can mean the difference between life and death to patients who otherwise might go without health care.

About 300 medical students from the University of Kansas School of Medicine and 65 physicians volunteer to keep the clinic doors open three nights a week year-round. At 300 Southwest Boulevard (northwest corner of Southwest Boulevard and Rainbow), the clinic serves about 2,300 patients a year. Most are uninsured or underinsured Wyandotte

County residents.

"JayDoc has two missions, the first being to serve our community by providing free health care," said **Laurel Witt**, a second-year medical student and one of three clinic co-directors. "Second, we educate medical students in the clinical and social aspects of health care by exposing them to the most underserved patient populations. As medical students, we tend to be insulated with our noses in textbooks, so our volunteers really crave this kind of opportunity."

Closely supervised by licensed, volunteer physicians, medical students get

### JayRock 4 benefits JayDoc Free Clinic

In honor of its fifth anniversary, the JayDoc Free Clinic will host its annual fundraiser, JayRock 4, Thursday, Feb. 5, at the Uptown Theater, Kansas City, Mo. Tickets are \$18 at the door, which opens at 6:30 p.m. Harry Trumen, a medical school student band, opens the event at 7:30 p.m. Headliners are Ultimate Fakebook and Republic Tigers.



hands-on training in real-life situations that transcend textbook learning. Celebrating its fifth anniversary, the JayDoc Free Clinic is the only student-run, student-governed facility of its kind in the country – and the only totally free clinic in the metro area. It is funded

through grants, fundraisers, corporate sponsors and community support.

"The JayDoc is remarkable because of the service it provides to members of our community who are left out in our country's current system of health care, and it does so

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## Hospital launches H.E.R.O. '09

The University of Kansas Hospital employees can be official H.E.R.O.es, – with cool blue shirts to prove it – by volunteering in organized activities throughout the community.

H.E.R.O. stands for Hospital Employees Reaching Out, a program to encourage volunteerism among staff



and employees. The 2009 H.E.R.O. T-shirts are in weathered blue with navy lettering outlined in bold red.

"People are focusing more on volunteerism these days," said **Ally**

**Moore**, event coordinator, Marketing. "Participating in the H.E.R.O. program is a great way to show our hospital employees care about our community. It also shows we're proud of where we work."

In 2008, staff members participating in the H.E.R.O. program volunteered for Christmas in October, Headstrong for Jake, Habitat for Humanity and numerous run/walk

fundraisers. They also installed smoke detectors

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### Spring H.E.R.O. opportunities

For the latest H.E.R.O. calendar of events, visit 24/7 and click on Employee Resources on the navigation bar. Spring opportunities include:

- Trolley Run, April 26, [trolleyrun.org](http://trolleyrun.org)
- Hospital Hill Run, June 6, [hospitalhillrun.com](http://hospitalhillrun.com)

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for homeowners in Kansas City, Kan.

H.E.R.O. guidelines are on 24/7, along with a calendar of H.E.R.O. events. Click on Employee Resources on the navigation bar. Some basics:

- A minimum of three hospital employees must be involved in a volunteer event for it to be considered for H.E.R.O. recognition.
- Political or religious events and activities are not eligible.
- A Group Volunteer Project Sheet must be submitted to Moore at least two weeks prior to the event.
- A point person must turn in T-shirt sizes and distribute the shirts.
- Participants must agree to conduct guidelines, which include no tobacco or alcohol use while wearing a H.E.R.O. shirt.

To add an event to the H.E.R.O. calendar, contact Moore, [amoore6@kumc.edu](mailto:amoore6@kumc.edu), 5-5248.

## Event supports Friendship Inn

The 2009 "Taste of Hospitality" will raise funds in grand style for Friendship Inn. This home away from home serves out-of-town families whose loved ones receive treatment at The University of Kansas Hospital.

### 2009 "Taste of Hospitality"

**When:** Saturday, Feb. 28

**Where:** Blue Hills Country Club

**Time:** 6-9 p.m.

**Tickets:** \$95 each, [friendshipinnkc.org](http://friendshipinnkc.org), or by mail (see related story)

The event will be 6 to 9 p.m. Saturday, Feb. 28, at the Blue Hills Country Club, Kansas City, Mo. Tickets are \$95 each and include a four-course dinner with wines specially chosen to accompany each course, plus silent and

live auctions. **Dave Eckert**, host of the PBS series "Culinary Travels with Dave Eckert," will discuss wines from quality wineries. **Dwight Kasperbauer**, the hospital's vice president, Operations, and chief executive, Human Resources, and his wife, **Pam**, are honorary chairs.

To order tickets, send a check by Monday, Feb. 23, to:

Friendship Inn  
P.O. Box 3423  
Kansas City, KS 66103

Or visit [friendshipinnkc.org](http://friendshipinnkc.org). For more information, contact **Peggy Walls**, 816-506-6339.

Just south of the hospital at 4146 State Line Road, Friendship Inn provided nearly 1,500 overnight accommodations in its four rooms last year. Priority lodging for the nonprofit hospitality house, which includes a fully equipped kitchen, is given to those living more than 30 miles from the hospital. Payment is requested, but not required.

## Change Crusaders collect for kids

The Children's Miracle Network (CMN) of Greater Kansas City is seeking Change Crusaders. These volunteers collect donations to help children treated at the University of Kansas Medical Center Pediatrics and Children's Mercy Hospitals and Clinics.

Headquartered at KUMC, CMN of Greater Kansas City sponsors the fundraising campaign. It culminates in the Annual Rocket & Teresa's Mix for Kids Radiothon on Mix 93.3 FM Wednesday, March 4, through Friday, March 6.

Sign up at [childrensmiracletnetwork.org/changecrusaders](http://childrensmiracletnetwork.org/changecrusaders). For more information, contact **Lisa Eberspacher**, 8-9107 or [cmn@kumc.edu](mailto:cmn@kumc.edu).

CMN facilities treat all children, regardless of their family's ability to pay.

**eXtra:** To learn more about CMN, visit [kumc.edu/cmn](http://kumc.edu/cmn).



## Nurse anesthetists offer information about their field

In honor of Nurse Anesthetists Week, **Melissa Wiehe, RN**, a University of Kansas School of Allied Health student (left), and **Ruth Lee**, Nurse Anesthesia Education (right), helped staff a table outside the cafeteria to share information about the profession. **Zebedee Nelson**, Environmental Services, was among employees who stopped by.

Please send calendar items to [centerexpress@kumc.edu](mailto:centerexpress@kumc.edu) or contact Marli Murphy at 5-5192. Items must be received by noon on the Monday prior to publication.

# eXtracurricular

## Friday, Feb. 6

**NEUROLOGY/NEUROSURGERY**  
Grand Rounds: "Imaging the Mind, fMRI and DTI," Alan Reeves, MD, 6:45-9 a.m., Lied Auditorium.

**PEDIATRIC GRAND ROUNDS:** "Oh God! My 'Baby' is Developing Early!" Figen Ugrasbul-Eksinar, MD, 8-9 a.m., Wahl Hall West Auditorium.

**UNIVERSITY COMPUTER Equipment Drop-off:** 8:30-10:30 a.m., Hixson Atrium. Information: 8-1081.

**CAMPUSWIDE Leadership Series:** "Leadership Styles and Work-Life Balance Habits – Panel Presentation," Lee Norman, MD; Winifred Dunn, PhD; Chris Ruder, RN, MS; Larry Long Jr., PhD (moderator); noon-1 p.m., Wahl Hall East Auditorium. Advance registration required for lunch. Register: [www2.kumc.edu/PDFATraining](http://www2.kumc.edu/PDFATraining).

## eXpress reminder

### National Wear Red Day

#### Friday, Feb. 6

Support the fight against women's heart disease.

### Outpatient BMT open house

#### Tuesday, Feb. 10

Visit the third floor of the Richard and Annette Bloch Cancer Care Pavilion, Westwood Campus, 2-4 p.m.

### Girls' Night In with Dara Torres

#### Wednesday, Feb. 11

Support women's heart health and join the fun at The Midland by AMC. Visit [kumed.com](http://kumed.com) for details. Call 8-8888 for availability of remaining passes.

**KANSAS MASONIC CANCER**  
Research Institute Round Table Seminar: "The Development and Validation of a New Model for Breast Cancer Risk Assessment," Eldon Jupe, PhD, noon-1 p.m., Lied Auditorium. Lunch provided for first 35 attendees.

**LONDON CENTER ON AGING**  
Research Seminar: "An International Perspective: Teaching Geriatrics in India," Shelley Bhattacharya, DO, noon-1 p.m., Wahl Hall West Auditorium.

**OB/GYN GRAND ROUNDS:** "Surgery for Stress Urinary Incontinence – Which Technique for Which Patient," Visiting Professor Ebenezer Babalola, MD, William Beaumont Hospital, Royal Oak, Mich., 2 p.m., Clendening Auditorium.

## Tuesday, Feb. 10

**OCCUPATIONAL HEALTH**  
Screenings: 8-11 a.m., Conference Room H, Westwood Campus.

**LONDON CENTER on Aging Elder Law Series:** "Learn About Reverse Mortgages," Steve Anderson, attorney, noon, 200 Landon Center. Reservations: Matt Chandler, 8-3094.

**TRAUMATIC BRAIN INJURY**  
Support Group: Second Tuesdays, 4:30-5:30 p.m., Wyandotte Room.

## Wednesday, Feb. 11

**PHARMACOLOGY/TOXICOLOGY**  
Seminar: "The Hepatoprotective Effect of PXR in TNF $\alpha$ -Induced Liver Injury Is Mediated by Modulating Stat3 and JNK Pathways," Kun Wang, PhD, 8-9 a.m., Beller Conference Center.

**KANSAS PUBLIC Health Grand Rounds:** "The Use of Bacterial Indicators for Drinking Water Safety," Gary Burlingame, noon-1 p.m., 1023 Orr-Major.

**LONDON CENTER ON AGING,**  
Brownbag Lunch Series: "Love and Other Almost True Stories," Deborah Shouse and Ron Zoglin, noon-1 p.m., 200 Landon Center. Reservations: Matt Chandler, 8-3094.

**STUDENT WELLNESS Program:** "Discovering Balance – Quick Cooking," Jody Johnson, noon-1 p.m., 1014 Orr-Major.

**CENTRAL PLAINS GERIATRIC**  
Education Center Series: "End of Life Care: Holistic Perspectives," Lynne Kallenbach, MD; William Colby, attorney; Pam Harris, MD;

and Toby Turner, 5-7 p.m., Landon Center on Aging. Registration, \$25.

## Thursday, Feb. 12

**LUNG CANCER Support Group:** Second and fourth Thursdays, 5:30 p.m., Westwood Atrium Conference Room.

## Join watch party for KU vs. MU game

Don your Jayhawk best and join fellow University of Kansas Medical Center alumni and friends for the KU vs. MU Basketball Watch Party Monday, Feb. 9, at Johnny's Tavern in Overland Park.

Gather at 7:30 p.m. for all-you-can-eat pizza. Cost is \$15 for students and alumni with paid membership and \$20 for non-alumni. The price includes four beverage tickets. For more information on the KUMC Alumni Associations' event, visit [kumc.edu](http://kumc.edu) and click on Alumni.

## Benefit auction to fund medical outreach

The 2009 Belize Benefit Auction, sponsored annually by University of Kansas Medical Center International Outreach, is Friday, Feb. 6, in Battenfeld Auditorium and Francisco Lounge. The silent auction begins at 6 p.m., with the live auction at 7 p.m.

Complete with food, wine and music by Echo of the Elms and Doctors Notes, the event is a fundraiser for the group's medical outreach trips to Belize. Hundreds of auction items are available, including condo stays in three states, Jayhawks basketball tickets, an iPod Nano, restaurant gift certificates, massages, piano lessons, gourmet desserts, TVs, a digital camera, personal trainer sessions, jewelry and more.

The keynote speaker is **Keith Sale, MD**, assistant professor, Otolaryngology, representing the Medical Missions Foundation. Suggested donation for the event is \$3 or a new bottle of vitamins. For more information on the organization, visit [kumcio.org](http://kumcio.org).

## Win a gift certificate to lobby Gift Shop

Are you a real "numbers person," good at estimating? The lobby Gift Shop in The University of Kansas Hospital has a deal for you!

The University of Kansas Medical Center Auxiliary will give a \$30 customer appreciation gift certificate to whoever comes closest to estimating the number of candies in a jar. Entry blanks are available in the shop. The winner will be announced at 2 p.m. Friday, Feb. 13.

"The KUMC Auxiliary is taking this opportunity to thank our loyal customers for their visits," said **Virginia Cuppage**, Auxiliary shop finance chair. "Their purchases help the Auxiliary fund many worthwhile projects at the hospital."

# eXchange

## Vehicles

2007 PONTIAC GRAND Prix GXP, black, leather/suede interior, 18" alloy wheels, new rear tires, photos, \$12,600. 913-927-1755.

2004 MAZDA RX8, black, 69K, new rear end, Goodyear Eagle RS-A tires, automatic with paddle shifters, 18/24 mpg, owned by nonsmoker, photos, \$11,000 OBO. 816-616-7998.

2003 HONDA VT1100C Shadow Spirit motorcycle, 3.4K, like new, must sell. 913-526-4945.

1995 HONDA SHADOW VLX 600 motorcycle, 11K, new tires, well maintained, \$2,500. 913-526-8498.

1994 FORD F-150 4x4 extended cab, 190K, new front brakes, good engine, everything works, \$1,500. 816-805-5843.

## For Sale

TWIN BED, mattress, box springs, frame, like new, \$35. 913-481-1343.

KITCHENWARE, including griddle, baking sheets, serving spoons, spaghetti server and more, photos, \$50 for all. 913-302-2430.

AB LOUNGE XL with 2 DVDs, calorie counter, nutritional information, resistance arm attachments, hardly used in smoke-free home, folds flat, paid \$360, asking \$100, you pick up. 913-248-7753.

FENDI HANDBAG, pink Zucca print with pink straps, silver hardware, new with dustcover, \$45. 816-419-8263.

SLEEP NUMBER BED, queen size, dual controls, like new, rarely used guest bed, purchased April 2008, retails for \$2,150, asking \$1,850. 816-589-2875.

AIR HOCKEY TABLE, 8' x 4', excellent condition, electronic scoreboard above table, 2 paddles, 8-10 pucks, easy assembly, photos, \$350. 913-645-4933.

DINING SET, tile-top table measuring 40" x 30", 3 matching chairs, needs some touch-up, \$50, you pick up. 913-248-7753.

ULTIMATE OVEN, can bake, broil, slow cook, roast and more, some accessories never used, paid \$275, asking \$150 OBO. 913-321-2297.

MOUNTAIN BIKES, Cannondale F500 and Specialized Rockhopper Comp, great condition, never abused. 913-206-1329.

Please send classified ads to [centerexpress@kumc.edu](mailto:centerexpress@kumc.edu) or post online at 24/7. Items must be received by noon on the Monday prior to publication and run on a space-available basis.

SPEAKER PHONE with touch panel, talking caller ID, 10-digit calculator, many unique features, new, still in box, paid \$27.50, asking \$10. 816-363-8696.

## Housing

### • FOR SALE

BRICK RANCH in Independence, 3 BR, 1 large BA, 1,100 sq. ft., new roof/gutters, fenced yard, mature trees, landscaping, fresh paint, original hardwoods, partially finished basement, \$118,500. 816-223-3652.

VACATION TIMESHARE from WorldMark, worldwide options, great price. 913-588-0180.

LENEXA HOME, 3 BR, 2 BA, fireplace, deck, central AC/heat, washer/dryer, refrigerator, stove, finished basement, 2-car garage, fenced backyard. 913-530-1852.

### • FOR RENT

2 BR HOUSE in Overland Park, 7715 Hemlock, 1 BA, 1-car garage, large lot, full unfinished basement, \$800/month plus 1-month deposit. 913-322-9411.

DUPLEX, 2 BR, 1 BA, fireplace, large loft, freshly painted, refrigerator, space for washer/dryer, garage, near I-35 and 75th Street, \$725/month. 913-522-8586.

## Pets

3 PUPPIES, 10-week-old retriever mixes, very sweet. 913-486-0721.

2 RESCUED KITTENS, 5 months old, brother and sister, will be neutered/spayed, need quiet home. 913-486-0721.

JADE THE BOXER BEAGLE, 2 years old, loves to sit on sofa, needs home where it's OK to jump fences. 913-271-6921.

## Wanted

CROCKPOT, 3- or 4-quart capacity. 913-209-2106.

CHI FLAT IRON for hairstyling, new or gently used, for 11-year-old. 913-440-9689.

HIGH CHAIR for periodic use. 816-584-2755.

SPANISH TUTOR to help one-on-one or a small group with basic and conversational Spanish, daytime hours, prefer native speaker. 913-558-5279.

BIKE CARRIER for 2 bikes, must fit either a Dodge Neon or Honda Accord. 573-587-9831.

**eXtra:** Find these and other classifieds on the hospital intranet, 24/7, <http://intranet.kumc.com>.

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through the hard work and commitment of our medical students," said **Joshua Freeman, MD**, professor and chair, Family Medicine. "Anyone who doubts the caring and concern of our future doctors should visit the clinic." Freeman has been a faculty advisor since the clinic's inception.

Beginning in January, JayDoc expanded care from two to three nights a week. Monday and Wednesday evenings, the walk-in clinic

provides primary, preventive and urgent care. Patients must arrive by 5 p.m. to be seen. Specialty clinics are Tuesday nights by appointment for those who need prenatal, diabetes or eye care as well as physical therapy. A patient must be seen Monday or Wednesday to be referred to the specialty clinic.

On any given night, the clinic requires 25 volunteers, from attending physicians and residents to first-through fourth-year medical

students and community members. They conduct intake assessments, take vital signs, provide patient care and diagnoses, collect lab samples, conduct HIV counseling and offer social service referrals. Two Spanish interpreters complete the staff, with pre-med undergrad students at the front desk.

JayDoc is a member of the Safety Net Clinic Coalition of Wyandotte County.

**eXtra:** For more information, visit [jaydocfreeclinic.org](http://jaydocfreeclinic.org).

## CENTER eXpress

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