



The University of Kansas Medical Center

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Department of Preventive Medicine
and Public Health

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Dr. Ahluwalia is a clinician, educator, researcher, and administrator. He has devoted the past 13 years of his career to improving the health of high risk populations, such as the underserved and ethnic minorities. His research and clinical interests are in pharmacotherapy and behavior change for chronic diseases, including nicotine addiction, obesity, hyperlipidemia, and hypertension.

Dr. Ahluwalia received his B.A. degree at New York University followed by a combined four year M.D./M.P.H. program at the Tulane University Schools of Medicine and Public Health in 1987. At the University of North Carolina at Chapel Hill, he completed a three-year Internal Medicine residency. He then completed the two-year Harvard Medical School General Internal Medicine fellowship in clinical epidemiology and received a M.S. in Health Policy at the Harvard School of Public Health in 1992.

From September 1992 to June 1997, Dr. Ahluwalia was an Assistant Professor of Medicine at the Emory University School of Medicine, with a joint appointment in the School of Public Health in Health Policy. He served as the Assistant Director of the Urgent Care Center and the Director of the Center for Smoking Cessation and Tobacco Control at Grady Memorial Hospital.

In July 1997, he joined the faculty at the University of Kansas School of Medicine as Vice-Chair, Director of Research, and Associate Professor of Preventive Medicine and Associate Professor of Internal Medicine. In July 2001, he was appointed as Chair of the Department of Preventive Medicine and in July 2002 became full Professor in Preventive Medicine, Internal Medicine, Pediatrics, and Family Medicine. Dr. Ahluwalia has received more than \$10 million in funding over the past 9 years as a Principal Investigator. He currently holds a \$1.7 million grant for a four-year study "Health Behaviors Among Smokers Living in Low Income Housing." In July 2001, he received a \$2.7 million award from the NCI titled "Helping Light African American Smokers Quit." Dr. Ahluwalia is also Director of the NIH K-30 Institutional Clinical Curriculum Award. In 2002, he became a member of the University of Kansas Medical Center Board of Directors (Nonprofit entity to manage all nonfederal grants). He has also received a number of awards; in 2000, the University of Kansas Medical Center's Research Investigator of the Year Award; in Spring 2001, the inaugural Society of Behavioral Medicine's Mentor of the Year award; in August 2002, the university-wide Kemper Foundation Teaching award; and, in March 2003, the F. Marian Bishop Educator of the Year award from the Association of Teachers of Preventive Medicine (ATPM).

Dr. Ahluwalia also serves as an Associate Director of the Kansas Cancer Institute where he directs the Cancer Prevention, Control and Population Sciences program.

Dr. Ahluwalia is a Fellow of the American College of Physicians, the American College of Preventive Medicine, and the Society of Behavioral Medicine. He speaks extensively on a number of topics to regional and national medical audiences, and has been published in peer-reviewed journals. From 1998 to 2003, Dr. Ahluwalia is serving on the National Advisory Committee of the Robert Wood Johnson Foundation's initiative on Addressing Tobacco in Managed Care and is a member of the Tobacco Consortium of the American Academy of Pediatrics Center for Child Health Research. In 2000, he was also appointed to serve a two-year term on the American Legacy Foundation's Scientific and Program Advisory Panel on Cessation.

In Spring 2003, Dr. Ahluwalia was named the Sosland Family Professor of Preventive Medicine and Public Health.