

Student Name: _____

PRECEPTORS

Initial & Date **10 Essential Geriatric Medicine Clinical Skills**

- _____ 1. ADL and IADL Assessment
- _____ 2. Mini-Mental State Exam (*MMSE*)
- _____ 3. Life Expectancy Estimate
- _____ 4. Geriatric Depression Scale (*GDS*)
- _____ 5. Decision-Making Capacity Assessment
- _____ 6. Mobility Status Assessment (*Get Up & Go, Righting Reflex, Romberg*)
- _____ 7. Nutritional Status Assessment
- _____ 8. Medication Review with Recommendations
- _____ 9. Pressure Ulcer Risk Assessment, Staging & Treatment Recommendations
- _____ 10. Urinary Incontinence Assessment w/ Management Recommendations

Geriatrics Clinical Log

Be sure to see & log 2 – 3 patients per the following procedure or diagnosis.

- | | |
|--------------------------------|------------------------|
| ✓ Wound Care / Dressing Change | ✓ Chronic Ulcer |
| ✓ Malnutrition | ✓ Pressure Ulcer |
| ✓ Delirium | ✓ Arthritis |
| ✓ Dementia | ✓ Gait Ataxia |
| ✓ Depression / Mood Disorder | ✓ Malaise / Fatigue |
| ✓ Visual Loss / Blind | ✓ Failure to Thrive |
| ✓ Hearing Loss / Deaf | ✓ Weight Loss |
| ✓ Bowel Incontinence | ✓ Chronic Pain |
| ✓ Urinary Incontinence | ✓ Abuse / Mistreatment |
| ✓ Medication Review | ✓ End of Life Care |