

# URGE INCONTINENCE

70 year old woman tells you that when she opens the garage door upon arriving home, she becomes frantic that she will not make it to the bathroom in time to urinate. She has had a few 'accidents' in which she lost large amounts of urine.

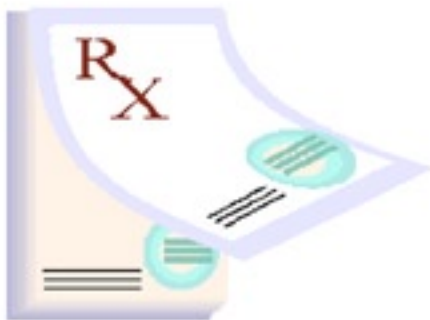
## Non-pharmacologic Treatment Options:

Minimize aggravating factors (e.g. caffeine, ETOH, diuretics)

Bladder retraining

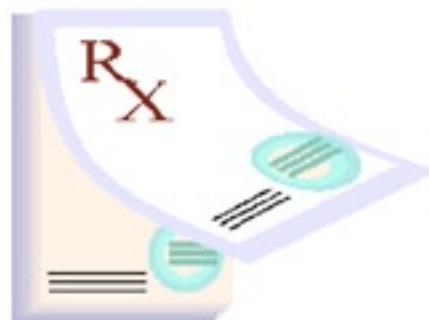
Biofeedback

IF drug therapy is used:



Oxybutinin, tolterodine,  
imipramine, etc.

IF drug therapy is used:



Anticholinergic

This is often called  
"Over-Active Bladder"  
(OAB)

"Gotta go, gotta go, gotta  
go right now...."

