

# Stress Incontinence

65 year old woman has stopped playing tennis with friends because she leaks urine while running

## Non-pharmacologic Treatment Options:

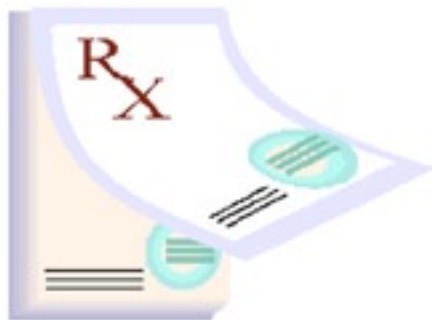
Pelvic muscle exercises  
(Kegels)

Biofeedback

Collagen injections

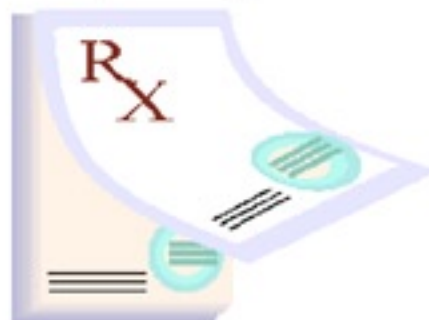
Surgical bladder neck  
suspension (women)

IF drug therapy is used:



Phenylpropanolamine,  
pseudoephedrine

IF drug therapy is used:



Sympathomimetic

**STRESS  
INCONTINENCE**