

GERIATRIC MEDICINE Skills Fair—STATION 2

Nutritional risk assessment:

Choosing a nutrition screening tool

- A) You are a Primary Care Physician in a small community. This morning, you are contacted by a public health nurse about a “Healthy Aging Fair” to be held in conjunction with the upcoming County Fair. They plan to offer basic screening for hypertension, high cholesterol, and some other problems. They would like to add a nutritional health screen, and they ask what tool you would recommend.
- B) This afternoon, you are admitting an 82 year old widowed woman to the hospital with a urinary tract infection. You have been taking care of her for the last two months following a disabling stroke.

Please review the two tools available at the table and choose the one you would suggest for each nutritional screening purpose above:

“DETERMINE” Checklist

Mini-Nutritional Assessment (MNA)