

GERIATRIC MEDICINE Skills Fair—STATION 2

Nutritional risk assessment:

Mini nutritional assessment (MNA)

STUDENT CASE B: routine nursing home assessment

After finishing your office and hospital work, you go to the local nursing home to see a few patients who are due for their routine 60-day follow-up assessments.

You see a 75 year old man who has mid-stage Alzheimer's dementia, mild hypertension, and arthritis. There have been no intervening new medical problems since last time you saw him. He is still quite interested in food, eating extra portions at many meals and partaking of snacks whenever he can get a hold of them. Sometimes he forgets he has just eaten a meal and will eat again. Despite this, his weight is up only 5 pounds since admission a year ago. He paces in the halls for much of the day.

His height is 5'11" and he weighs 200 pounds.

What is his current SCREENING score on the Mini-Nutritional Assessment (MNA)?

What should be done with this screening result?