

GERIATRIC MEDICINE Skills Fair—STATION 2

Nutritional risk assessment:

Mini nutritional assessment (MNA)

STUDENT CASE A: Admitting a woman to the hospital

This afternoon, you are admitting an 82 year old widowed woman to the hospital with a urinary tract infection.

You have been taking care of her for the last two months following a disabling stroke. You recall that she had moderate swallowing difficulties after her stroke but this improved gradually with speech therapy, and only mild residual problems remain. She gets around the house with a walker but has not been getting out of the house due to functional impairment and fear that she will fall or be incontinent while away from home. You are also treating her for post-stroke depression.

Her weight at the time of her stroke was 130 pounds; height is 5'4". Today's weight is 125 pounds.

What is her current SCREENING score on the Mini-Nutritional Assessment?

What should be done with this screening result?