

GERIATRIC MEDICINE SKILLS FAIR—STATION 2

ASSESSMENT OF ADL'S AND IADL'S

STUDENT CASE A

Mr. Smith is an 84 year old man living with his daughter and her family. He has been widowed for 4 years and moved in with his daughter 2 years ago because it was getting harder for him to take care of himself. His daughter called the clinic to make an appointment for her father to have a geriatric assessment.

Mr. Smith was driven to the appointment by his daughter. He sold his car to his prior neighbor last year due to his families concern about his driving safety. His vision is poor and he had given up driving at night years before.

The patient walks into the exam room with the aid of a cane. His gait is slow but stable. He appears well-groomed and his clothing is appropriate for the weather. He reports that he is happy with his current living situation but he hates to be a burden on his daughter. He tries to do for himself as best he can but has become more dependent on his daughter's help over the last 2 years. He is able to get back and forth to the bathroom and reports no incontinence of bowel or bladder. He dresses himself but has troubles with small buttons or straps due to his arthritis in his hands. His daughter ties his shoes for the same reason. He takes pride in his appearance and he shaves, combs his hair and brushes his teeth every morning.

Mr. Smith's son-in-law takes care of his finances as his poor vision makes paying bills difficult. Besides, he reports that he isn't as good at the numbers as he used to be and feels it is best that someone else manage his affairs. His daughter shops for and prepares all of his meals over the last 2 years. His appetite is good and he has no trouble eating. He enjoys meals with his family.

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STUDENT WORKSHEET CASE A

From the case provided, list four ADLs and IADLs and whether the patient is independent or dependent in each.

Activities of Daily Living (ADL)	Independent or Dependent?	Comments

Instrumental Activities of Daily Living (IADL)	Independent or Dependent?	Comments

List at least one ADL and one IADL that was omitted from the case study:

ADL:

IADL: