
Getting Through Grief & Healing with Humor: Using Laughter to Lighten the Heart

SPECIAL EVENT

NOON TO 1:30 P.M.

AT THE

LANDON CENTER ON AGING, ROOM 200

January 23, 2008 (Wednesday)

Presented by: Mary Pebley, Humor Therapist

Join us for a program of Body, Mind, and Spirit that acknowledges and honors the feelings of loss and grief. This is a time to discover that "grief work" can also be playful and joyful. Experience renewal through group discussion, art, ritual, and playful games filled with humor and laughter. It is a way back to a joyful heart.



THEO AND ALFRED M. LANDON
CENTER ON AGING

University of Kansas Medical Center
3599 Rainbow Blvd., Kansas City, Kansas

<http://www2.kumc.edu/coa>

Call Matt Chandler at 913-588-3094 to RSVP. Space is limited.
