

# Comfort Speak

## Brownbag Lunch Series

Noon to 1:00 p.m.

at the

Landon Center on Aging, Room 200

## September 12, 2007

Presenter: Carol McAdoo

When sad things happen, when bad things happen, when the life of someone you love is in turmoil, do you ever wonder what to say. Sometimes we even avoid people who are hurting just because of our own fear of saying the wrong thing. This workshop is focused on being a kind and gentle supporter who understands the language of "Comfort Speak" You will be surprised at how good you are at speaking the language of kindness when you are the one who is comfortable.

<http://www2.kumc.edu/coa>



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Call Matt Chandler at 913-588-3094 to RSVP. Space is limited.