

Brain Gain

Improving Brain Function

Brownbag Lunch Series

Noon to 1:00 p.m.

at the

Landon Center on Aging, Room 200

April 25, 2007

Presenter: Myra Hyatt, LCSW

You can't teach an old dog new tricks, or can you? We've all heard this saying, the problem is, we've believed it. New research is challenging this old myth. Seniors can continue to learn and retain new information. There are techniques to help you to keep your mind active, to cause brain gain. Come and learn about the latest research on maintaining your brain and learn about fun things you can do to keep your mind active.



<http://www2.kumc.edu/coa>



THEO AND ALFRED M. LANDON
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Call Matt Chandler at 913-588-3094 to RSVP. Space is limited.