

# Aging with Humor

NOON TO 2:00 P.M.

AT THE  
LONDON CENTER ON AGING  
ROOM 200

**April 17, 2007**

SPECIAL  
EVENT

**Presented by: Mary Pebley, Humor Therapist**

The aches and pains of aging are no laughing matter – but we all feel better after a good laugh. Join us for an afternoon of fun and laughter as you discover the Humor-Health connection and ways to look for the funny side of aging. This is an opportunity to exercise your funny bone and spread a little laughter around.

*There is no evidence that humor adds years to your life – but there is evidence that it adds life to your years!* Paul McGee, Ph.D.

Mary Pebley is the founder of Funny Business and a humor therapist. She is a national speaker, facilitator, and consultant known for her entertaining and energizing style. She has worked with wellness and medical organizations across the country and believes that humor is therapeutic – no matter what our age may be.



THEO AND ALFRED M. LANDON  
CENTER ON AGING

University of Kansas Medical Center  
3599 Rainbow Blvd., Kansas City, Kansas  
<http://www2.kumc.edu/coa>

Call Matt Chandler at 913-588-3094 to RSVP. Space is limited.