



Laughing Matters

Brownbag Lunch Series

Noon to 1:00 p.m.

at the

Landon Center on Aging,

Room 200

February 8, 2012 (Wednesday)

Presenter: Mary Pebley, Humor Therapist

The Laugh-a-Lot Lunch Bunch will get together Wednesday February 8. The menu includes corny jokes and tickled ribs. The aches and pains of aging are no laughing matter – but laughing matters! Discover the secret to aging with humor, as we “laugh and learn”. You will leave with helpful tips on putting more laughter in your life while you gain the healthy benefits of a playful spirit and a good belly laugh. After all, we feel better after a good laugh – don’t we???



THEO AND ALFRED M. LANDON
CENTER ON AGING

<http://www2.kumc.edu/coa>

Call Matt Chandler at 913-588-3094 to Register.

University of Kansas Medical Center
3599 Rainbow Blvd.
Kansas City, KS 66160