

# EXERCISE AND ALZHEIMER'S DISEASE



BROWNBAG LUNCH SERIES  
NOON TO 1:00 P.M.  
AT THE  
LONDON CENTER ON AGING,  
ROOM 200

JULY 28, 2009 (TUESDAY)

**Presenter: Heather Anderson, MD**

Dr. Anderson will discuss what is known about the link between physical activity and dementia and how exercise might lower the risk of developing Alzheimer's disease.

<http://www2.kumc.edu/coa>

Call Matt Chandler at 913-588-3094 to Register.



THEO AND ALFRED M. LANDON  
CENTER ON AGING  
University of Kansas Medical Center  
3599 Rainbow Blvd.  
Kansas City, KS 66160