

# THE BENEFITS OF RETIREMENT LIVING IN A CONTINUING CARE COMMUNITY



BROWNBAG LUNCH SERIES  
NOON TO 1:00 P.M.  
AT THE  
LONDON CENTER ON AGING,  
ROOM 200

OCTOBER 21, 2009 (WEDNESDAY)

**Presenter: Mandy Sheldon, Aberdeen Village**

Are you living with the weight of the world on your shoulders or living on top of the world? Find out how retirement living can lift the weight of the world and propel you to living on top of the world. Continuing Care Retirement Communities (CCRC) offer all the comfort of home with added amenities that you don't have to drive all over town to find. Learn how engaging in activities like those offered at a CCRC can lead to a longer life and better health!

<http://www2.kumc.edu/coa>

Call Matt Chandler at 913-588-3094 to Register.



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