

# Becoming a Patient Advocate for Your Loved Ones

## Brownbag Lunch Series

Noon to 1:00 p.m.

at the

Landon Center on Aging, Room 200

## October 7, 2008 (Tuesday)

Presenter: Jari Holland Buck, Author of:  
*Hospital Stay Handbook: A Guide to Becoming a  
Patient Advocate for Your Loved Ones*

We come to the work of advocacy without any training on how to be an advocate for our loved one OR how to care for ourselves while we do this. Since this is sacred work, it requires a connection to our self, our loved one, our families and friends, the health-care community, our Higher Power and the universe. Many of us don't understand this need or know how to expand our world in the midst of a medical crises.



Whether you are a seasoned or beginning caregiver, it is easy to set aside our own needs for another. No one wins when we do this. Join us to discover the practical steps to effective advocacy and the multiple paths to enhanced spiritual connection and peace in the midst of caring for another.

1. Learn the steps you can take to prevent medical mistakes and partner with the health-care community.
2. Step into your power and create better care for yourself or another.

<http://www2.kumc.edu/coa>



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Call Matt Chandler at 913-588-3094 to RSVP. Space is limited.