

Practical Steps for Pain Management

Brownbag Lunch Series

Noon to 1:30 p.m.

at the

Landon Center on Aging, Room 200

January 30, 2008 (Wednesday)

Presenter: Angel Yanez, RN, Kendallwood Hospice

Pain management techniques have greatly improved over the past few years and the reality is that no one should have to "just live with it." Explore ideas for managing a variety of pain including chronic pain. Explore types, methods and alternative forms of pain management for a step by step plan of managing pain.



<http://www2.kumc.edu/coa>



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Call Matt Chandler at 913-588-3094 to Register.