
Yoga/Pilates/Meditation Information Session

BROWNBAG LUNCH SERIES

NOON TO 1:00 P.M.

AT THE

LANDON CENTER ON AGING, ROOM 200

January 29, 2008 (Tuesday)

Presenters: Alan Lippincott and Elizabeth Budd

An informational lunch to meet and hear about our yoga, pilates and meditation classes. These classes are offered as part of our Wellness Program on a weekly basis, free of charge.

<http://www2.kumc.edu/coa>



THEO AND ALFRED M. LANDON
CENTER ON AGING

University of Kansas Medical Center
3599 Rainbow Blvd.

Call Matt Chandler at 913-588-3094 to RSVP. Space is limited.
